

CARDIO TENNIS

**CARDIO TENNIS™** is a fun, high-energy fitness activity combining tennis and a cardiovascular workout similar to interval training. Improve your cardio. Improve your stamina. Burn calories and get in shape.

**CARDIO TENNIS MAX** – Players 3.5 and higher can take it up a notch with this cardio tennis class at max intensity! This class is more challenging and competitive than regular cardio tennis to meet the needs of a higher level player.

Tennis Members may sign up 3 days in advance (at class start time) HC/PB Members 1 day prior (at class start time), up until class time or until class is full. Players register by logging into their online WSC/Club Automation account and selecting 'Group Activities', or on WSC App under 'Classes'. \*WSC Guests may register 12 hours in advance.

Players can cancel online up to 24 hours prior to class. Players who cancel in less than 24 hours or register and don't show will be charged a \$15 fee.

Players can sign up for 1 class where multiple classes are offered in a row, and can add additional classes if there are open spots 24 hours prior.

Class schedules are subject to change.

Maximum 8 participants per class.

| DAY    | TIME        | PLAYER LEVEL |
|--------|-------------|--------------|
| Mon    | 6-6:55pm    | CT Max 3.5+  |
| Mon    | 7-7:55pm    | All Levels   |
| Tues   | 7-7:55am    | All Levels   |
| Tues   | 7-7:55pm    | All Levels   |
| Tues   | 8-8:55pm    | CT Max 3.5+  |
| Wed*   | 7-7:55am    | All Levels   |
| Wed    | 1-1:55pm    | All Levels   |
| Thurs* | 6-6:55am    | All Levels   |
| Fri    | 8:00-8:55am | All Levels   |
| Fri    | 9:00-9:55am | All Levels   |

| DAY | TIME         | PLAYER LEVEL |
|-----|--------------|--------------|
| Sat | 7:30-8:25am  | All Levels   |
| Sat | 8:30-9:25am  | All Levels   |
| Sat | 9:30-10:25am | CT MAX 3.5+  |

| RATE TYPE               | TENNIS MEMBER  | HEALTH CLUB MEMBER | GUEST           |
|-------------------------|----------------|--------------------|-----------------|
| Cardio Tennis™ 10-Pack* | \$112          | \$152              | N/A             |
| Cardio Tennis™          | \$16/<br>class | \$21/<br>class     | \$29/<br>class* |
| Drop-In Rate            |                |                    |                 |

*\*Email [tennis@wheatonsportcenter.com](mailto:tennis@wheatonsportcenter.com) to purchase a 10-pack. 10-packs apply to any regular Cardio Tennis class, following the drop in registration procedures.*

*\*New class times start June 1st*

POLICIES & ADDITIONAL INFORMATION

GROUP LESSON MAKE UP & REFUND POLICY

Students are responsible for attending the lesson for which they have registered. A maximum of 2 missed lessons may be made up per session with prior approval of the Tennis Administrator. Student must email the Tennis Administrator 24 hours prior to the missed lesson. Lessons must be made up during the current session and are NOT guaranteed. Approval for make up lesson is based on class space availability. Refunds are honored for any reason if notification is given 72 hours prior to the first lesson. After a lesson session has started, refunds are only given for illness or injury with a doctor's note. A \$10 fee per registrant will be charged for all refunds.

RACQUET STRINGING & SALES

Wheaton Sport Center offers on-site, same-day racquet stringing. We have a great selection of strings in every category. Whether you need more power, feel, control, comfort, or durability, we have the perfect strings for you! All racquets are strung on our state-of-the-art, constant pull, digital, Wilson Baiardo stringing machine for a consistent, accurate string job every time.

Are you looking for a new racquet? We offer affordable racquet prices that are comparable to online stores. If you need help choosing the right racquet for your game, our tennis professionals are happy to help.

- To take advantage of restringing services, drop off your racquet at the front desk or stop in the Tennis Welcome Center for assistance.*

BALL MACHINE RENTAL

Ball machine is available year-round on Court 1. Additionally, it is available on Court 7 from mid-October through mid-May. WSC members can rent a ball machine by choosing the ball machine option when making a court reservation. Please contact tennis staff if you have any questions about ball machine usage.

| TIME       | TENNIS MEMBER | HEALTH CLUB MEMBER |
|------------|---------------|--------------------|
| 30 minutes | \$13          | \$16               |
| 60 Minutes | \$26          | \$32               |

PRIVATE LESSONS

| Teaching Pro       | 1 student<br>1/2 hour | 1 student<br>1 hour | 2 students<br>1 hour | 3 students<br>1 hour | 4 students<br>1 hour | 5 students<br>1 hour |
|--------------------|-----------------------|---------------------|----------------------|----------------------|----------------------|----------------------|
| Bill Eng           | \$36.00               | \$66.00             | \$37.00 <i>each</i>  | \$34.00 <i>each</i>  | \$31.00 <i>each</i>  | \$29.00 <i>each</i>  |
| Mark Exner         | \$45.00               | \$80.00             | \$46.00 <i>each</i>  | \$42.00 <i>each</i>  | \$39.00 <i>each</i>  | \$36.00 <i>each</i>  |
| Russ Ruffolo       | \$32.00               | \$60.00             | \$33.00 <i>each</i>  | \$30.00 <i>each</i>  | \$28.00 <i>each</i>  | \$26.00 <i>each</i>  |
| Mike Fessel        | \$45.00               | \$80.00             | \$46.00 <i>each</i>  | \$42.00 <i>each</i>  | \$39.00 <i>each</i>  | \$36.00 <i>each</i>  |
| Emily Connolly     | \$45.00               | \$80.00             | \$46.00 <i>each</i>  | \$42.00 <i>each</i>  | \$39.00 <i>each</i>  | \$36.00 <i>each</i>  |
| Danilo Kovacevic   | \$47.50               | \$85.00             | \$48.50 <i>each</i>  | \$44.50 <i>each</i>  | \$41.50 <i>each</i>  | \$38.50 <i>each</i>  |
| Rick Huffman       | \$47.50               | \$85.00             | \$48.50 <i>each</i>  | \$44.50 <i>each</i>  | \$41.50 <i>each</i>  | \$38.50 <i>each</i>  |
| Matt Roszkowski    | \$52.50               | \$95.00             | \$53.00 <i>each</i>  | \$49.00 <i>each</i>  | \$45.00 <i>each</i>  | \$40.00 <i>each</i>  |
| Jonathan Diamond   | \$52.50               | \$95.00             | \$53.00 <i>each</i>  | \$49.00 <i>each</i>  | \$45.00 <i>each</i>  | \$40.00 <i>each</i>  |
| Anne Mache         | \$36.00               | \$66.00             | \$37.00 <i>each</i>  | \$34.00 <i>each</i>  | \$31.00 <i>each</i>  | \$29.00 <i>each</i>  |
| Karl Peterson      | \$52.50               | \$95.00             | \$53.00 <i>each</i>  | \$49.00 <i>each</i>  | \$45.00 <i>each</i>  | \$40.00 <i>each</i>  |
| Linda Wright       | \$45.00               | \$80.00             | \$46.00 <i>each</i>  | \$42.00 <i>each</i>  | \$39.00 <i>each</i>  | \$36.00 <i>each</i>  |
| Anders Singdahlsen | \$40.00               | \$73.00             | \$41.00 <i>each</i>  | \$37.00 <i>each</i>  | \$34.00 <i>each</i>  | \$31.00 <i>each</i>  |
| Brant Buckley      | \$40.00               | \$73.00             | \$41.00 <i>each</i>  | \$37.00 <i>each</i>  | \$34.00 <i>each</i>  | \$31.00 <i>each</i>  |
| Keith Mills        | \$40.00               | \$73.00             | \$41.00 <i>each</i>  | \$37.00 <i>each</i>  | \$34.00 <i>each</i>  | \$31.00 <i>each</i>  |
| Jeff Porto         | \$40.00               | \$73.00             | \$41.00 <i>each</i>  | \$37.00 <i>each</i>  | \$34.00 <i>each</i>  | \$31.00 <i>each</i>  |
| Keith Giltner      | \$32.00               | \$60.00             | \$33.00 <i>each</i>  | \$30.00 <i>each</i>  | \$28.00 <i>each</i>  | \$26.00 <i>each</i>  |
| Wiktora Bratko     | \$27.00               | \$51.00             | \$29.00 <i>each</i>  | \$26.00 <i>each</i>  | \$24.00 <i>each</i>  | \$22.00 <i>each</i>  |

| Teaching Pro       | 1 student<br>1/2 hour | 1 student<br>1 hour | 2 students<br>1 hour | 3 students<br>1 hour | 4 students<br>1 hour | 5 students<br>1 hour |
|--------------------|-----------------------|---------------------|----------------------|----------------------|----------------------|----------------------|
| Bill Eng           | \$40.00               | \$73.00             | \$41.00 <i>each</i>  | \$38.00 <i>each</i>  | \$36.00 <i>each</i>  | \$34.00 <i>each</i>  |
| Mark Exner         | \$48.00               | \$87.00             | \$49.00 <i>each</i>  | \$45.00 <i>each</i>  | \$42.00 <i>each</i>  | \$39.00 <i>each</i>  |
| Russ Ruffolo       | \$36.00               | \$67.00             | \$37.00 <i>each</i>  | \$34.00 <i>each</i>  | \$32.00 <i>each</i>  | \$30.00 <i>each</i>  |
| Mike Fessel        | \$48.00               | \$87.00             | \$49.00 <i>each</i>  | \$45.00 <i>each</i>  | \$42.00 <i>each</i>  | \$39.00 <i>each</i>  |
| Emily Connolly     | \$48.00               | \$87.00             | \$49.00 <i>each</i>  | \$45.00 <i>each</i>  | \$42.00 <i>each</i>  | \$39.00 <i>each</i>  |
| Danilo Kovacevic   | \$50.50               | \$92.00             | \$51.50 <i>each</i>  | \$47.50 <i>each</i>  | \$44.50 <i>each</i>  | \$42.00 <i>each</i>  |
| Rick Huffman       | \$50.50               | \$92.00             | \$51.50 <i>each</i>  | \$47.50 <i>each</i>  | \$44.50 <i>each</i>  | \$42.00 <i>each</i>  |
| Matt Roszkowski    | \$56.00               | \$102.00            | \$57.00 <i>each</i>  | \$53.00 <i>each</i>  | \$49.00 <i>each</i>  | \$44.00 <i>each</i>  |
| Jonathan Diamond   | \$56.00               | \$102.00            | \$57.00 <i>each</i>  | \$53.00 <i>each</i>  | \$49.00 <i>each</i>  | \$44.00 <i>each</i>  |
| Anne Mache         | \$40.00               | \$73.00             | \$41.00 <i>each</i>  | \$38.00 <i>each</i>  | \$36.00 <i>each</i>  | \$34.00 <i>each</i>  |
| Karl Peterson      | \$56.00               | \$102.00            | \$57.00 <i>each</i>  | \$53.00 <i>each</i>  | \$49.00 <i>each</i>  | \$44.00 <i>each</i>  |
| Linda Wright       | \$48.00               | \$87.00             | \$49.00 <i>each</i>  | \$45.00 <i>each</i>  | \$42.00 <i>each</i>  | \$39.00 <i>each</i>  |
| Anders Singdahlsen | \$44.00               | \$80.00             | \$45.00 <i>each</i>  | \$41.00 <i>each</i>  | \$38.00 <i>each</i>  | \$35.00 <i>each</i>  |
| Brant Buckley      | \$44.00               | \$80.00             | \$45.00 <i>each</i>  | \$41.00 <i>each</i>  | \$38.00 <i>each</i>  | \$35.00 <i>each</i>  |
| Keith Mills        | \$44.00               | \$80.00             | \$45.00 <i>each</i>  | \$41.00 <i>each</i>  | \$38.00 <i>each</i>  | \$35.00 <i>each</i>  |
| Jeff Porto         | \$44.00               | \$80.00             | \$45.00 <i>each</i>  | \$41.00 <i>each</i>  | \$38.00 <i>each</i>  | \$35.00 <i>each</i>  |
| Keith Giltner      | \$36.00               | \$67.00             | \$37.00 <i>each</i>  | \$34.00 <i>each</i>  | \$32.00 <i>each</i>  | \$30.00 <i>each</i>  |
| Wiktora Bratko     | \$31.00               | \$58.00             | \$33.00 <i>each</i>  | \$30.00 <i>each</i>  | \$28.00 <i>each</i>  | \$26.00 <i>each</i>  |

| Teaching Pro       | 1 student<br>1/2 hour | 1 student<br>1 hour | 2 students<br>1 hour | 3 students<br>1 hour | 4 students<br>1 hour | 5 students<br>1 hour |
|--------------------|-----------------------|---------------------|----------------------|----------------------|----------------------|----------------------|
| Bill Eng           | \$44.00               | \$81.00             | \$45.00 <i>each</i>  | \$42.00 <i>each</i>  | \$40.00 <i>each</i>  | \$38.00 <i>each</i>  |
| Mark Exner         | \$52.00               | \$94.00             | \$53.00 <i>each</i>  | \$49.00 <i>each</i>  | \$46.00 <i>each</i>  | \$43.00 <i>each</i>  |
| Russ Ruffolo       | \$40.00               | \$75.00             | \$41.00 <i>each</i>  | \$38.00 <i>each</i>  | \$36.00 <i>each</i>  | \$34.00 <i>each</i>  |
| Mike Fessel        | \$52.00               | \$94.00             | \$53.00 <i>each</i>  | \$49.00 <i>each</i>  | \$46.00 <i>each</i>  | \$43.00 <i>each</i>  |
| Emily Connolly     | \$52.00               | \$94.00             | \$53.00 <i>each</i>  | \$49.00 <i>each</i>  | \$46.00 <i>each</i>  | \$43.00 <i>each</i>  |
| Danilo Kovacevic   | \$54.50               | \$98.50             | \$55.00 <i>each</i>  | \$51.00 <i>each</i>  | \$48.00 <i>each</i>  | \$45.00 <i>each</i>  |
| Rick Huffman       | \$54.50               | \$98.50             | \$55.00 <i>each</i>  | \$51.00 <i>each</i>  | \$48.00 <i>each</i>  | \$45.00 <i>each</i>  |
| Matt Roszkowski    | \$59.00               | \$108.00            | \$60.00 <i>each</i>  | \$56.00 <i>each</i>  | \$52.00 <i>each</i>  | \$47.00 <i>each</i>  |
| Jonathan Diamond   | \$59.00               | \$108.00            | \$60.00 <i>each</i>  | \$56.00 <i>each</i>  | \$52.00 <i>each</i>  | \$47.00 <i>each</i>  |
| Anne Mache         | \$44.00               | \$81.00             | \$45.00 <i>each</i>  | \$42.00 <i>each</i>  | \$40.00 <i>each</i>  | \$38.00 <i>each</i>  |
| Karl Peterson      | \$59.00               | \$108.00            | \$60.00 <i>each</i>  | \$56.00 <i>each</i>  | \$52.00 <i>each</i>  | \$47.00 <i>each</i>  |
| Linda Wright       | \$52.00               | \$94.00             | \$53.00 <i>each</i>  | \$49.00 <i>each</i>  | \$46.00 <i>each</i>  | \$43.00 <i>each</i>  |
| Anders Singdahlsen | \$48.00               | \$88.00             | \$49.00 <i>each</i>  | \$43.00 <i>each</i>  | \$41.00 <i>each</i>  | \$39.00 <i>each</i>  |
| Brant Buckley      | \$48.00               | \$88.00             | \$49.00 <i>each</i>  | \$43.00 <i>each</i>  | \$41.00 <i>each</i>  | \$39.00 <i>each</i>  |
| Keith Mills        | \$48.00               | \$88.00             | \$49.00 <i>each</i>  | \$43.00 <i>each</i>  | \$41.00 <i>each</i>  | \$39.00 <i>each</i>  |
| Jeff Porto         | \$48.00               | \$88.00             | \$49.00 <i>each</i>  | \$43.00 <i>each</i>  | \$41.00 <i>each</i>  | \$39.00 <i>each</i>  |
| Keith Giltner      | \$40.00               | \$75.00             | \$41.00 <i>each</i>  | \$38.00 <i>each</i>  | \$36.00 <i>each</i>  | \$34.00 <i>each</i>  |
| Wiktora Bratko     | \$35.00               | \$66.00             | \$37.00 <i>each</i>  | \$34.00 <i>each</i>  | \$32.00 <i>each</i>  | \$30.00 <i>each</i>  |

2026-07-20

ADULT TENNIS



FALL 2026

AUGUST 10, 2026 - OCTOBER 18, 2026

10-WEEK SESSION

ADULT LEAGUES

PRIVATE LESSONS

GROUP LESSONS

TENNIS DRILLS

**Tennis Manager:** Lori Mills | [lmills@wheatonsportcenter.com](mailto:lmills@wheatonsportcenter.com)

**Director of Tennis Development :** Jonathan Diamond | [jdiamond@wheatonsportcenter.com](mailto:jdiamond@wheatonsportcenter.com)

**Tennis Administrator:** Alyssa Denigot | [tennis@wheatonsportcenter.com](mailto:tennis@wheatonsportcenter.com)



630-690-0887 | [www.wheatonsportcenter.com](http://www.wheatonsportcenter.com)

GROUP LESSONS (4-WEEK SESSIONS)

New classes begin the 1<sup>st</sup> week of each month.

**TENNIS UNIVERSITY** (INTRO TO TENNIS FOR BEGINNERS) Designed for all non-tennis players, Tennis University offers an introduction to basic tennis strokes. Bring a tennis racquet if you have one, or our pro will provide one for you. Get into the game of tennis – this lifetime sport is a great way to stay fit!

*\*To register for your free class, send an email to Lori Mills: [lmills@wheatonsportcenter.com](mailto:lmills@wheatonsportcenter.com).*

| DAY    | TIME            | TENNIS MEMBER       | HEALTH CLUB MEMBER   | GUEST |
|--------|-----------------|---------------------|----------------------|-------|
| Tues   | 12:00pm-1:00pm  | 1st Time-FREE*/\$85 | 1st Time-FREE*/\$100 | \$115 |
| Thu    | 6:00pm - 7:00pm |                     |                      |       |
| Fri    | 10:00am-11:00am |                     |                      |       |
| Sunday | 12:30pm-1:30pm  |                     |                      |       |

**TENNIS UNIVERSITY PhD** Have you graduated from Tennis University and are ready for the next level? Tennis University PhD introduces additional strokes and technical skills while reinforcing your Tennis University skills. A new 4-week session starts the first of each month, beginning in September. *Register online or on the WSC App.*

| DAY   | TIME         | TENNIS MEMBER | HEALTH CLUB MEMBER | GUEST |
|-------|--------------|---------------|--------------------|-------|
| Wed   | 12:00-1:00pm | \$89          | \$104              | \$120 |
| Thurs | 6:00-7:00pm  | \$89          | \$104              | \$120 |

**ADVANCED BEGINNER SKILLS & DRILLS** This 4-week class is for Tennis University PhD graduates & players with some experience. It combines ½ hour of technical instruction with ½-hour of supervised point play. Players continue to develop their tennis skills while also learning how to use them in game situations. *Register online or on the WSC App.*

| DAY | TIME            | TENNIS MEMBER | HC MEMBER | GUEST |
|-----|-----------------|---------------|-----------|-------|
| Tue | 7:00pm-8:00pm   | \$89          | \$104     | \$120 |
| Fri | 11:00am-12:00pm |               |           |       |

**INTERMEDIATE SKILLS & DRILLS** Continue your tennis development by advancing from Advanced Beginner Skills and Drills to the Intermediate level class. This class focuses technical skills for a variety of shots as well as more advanced strategies. Players moving up from the Advanced Beginner should confirm with their coach that they are ready for this level. *Register online or on the WSC App.*

| DAY | TIME          | TENNIS MEMBER | HC MEMBER | GUEST |
|-----|---------------|---------------|-----------|-------|
| Tue | 8:00pm-9:00pm | \$89          | \$104     | \$120 |

USTA DRILLS

These drills are perfect for those who want to up their game, as well as their USTA rating. Fast paced, point play based drills, with a focus on improving your match toughness. This class is open to USTA and Gladiator league players. Players must be approved by Director Jonathan Diamond prior to registering for hte 4.5 + level.

| CLASS / LEVEL | DAY  | TIME        |
|---------------|------|-------------|
| Mens 3.5+     | MON  | 6:30-8:00pm |
| Men's 4.0+    | TUES | 6:30-8:00pm |
| Men's 4.5+    | WED  | 7:00-8:30pm |



TENNIS DRILLS AUGUST 10 - OCTOBER 18 (10-WEEK SESSIONS)

NEW REGISTRATION OPTIONS FOR DOUBLES TACTICS, ADULT DRILL & PLAY, AND USTA DRILLS  
NEW DRILL 6-PACKS!

Players can now enjoy ultimate flexibility by purchasing an Adult Tennis Drill 6-pack! The 6-pack can be used throughout the 10-week Fall 2026 program session (from August 10 - October 18). Mix and Match! The 1.5 hour 6-pack applies to all 1.5 hour Doubles Tactics, Adult Drill & Play and USTA Drill classes and the 1.0 hour 6-pack applies to the 1-hr Doubles Tactics and Adult Drill & Play classes.

Email Tennis Administrator Alyssa Denigot to purchase an Adult Drill 6-pack (indicate 1 or 1.5 hour) at [tennis@wheatonsportcenter.com](mailto:tennis@wheatonsportcenter.com)

*Drill packs must be used within the 10-week program session and expire 10/18/26.*

| ADULT TENNIS DRILL 6-PACK FEES | TENNIS | HC/PB MEMBER | GUEST |
|--------------------------------|--------|--------------|-------|
| 1.5 hour Drill Pack            | \$200  | \$240        | \$275 |
| 1 hour Drill pack              | \$135  | \$160        | \$185 |

*Players can also sign up on a week to week basis:*

| WEEKLY SIGN UP OPTION | TENNIS | HC/PB MEMBER | GUEST |
|-----------------------|--------|--------------|-------|
| 1.5 hour Drill        | \$40   | \$46         | \$53  |
| 1 hour Drill          | \$29   | \$32         | \$37  |

*Please note:*

- Both Drill 6-pack players and week to week sign up players must register in advance - space is limited*
- Late unregistration fee (24 hours prior to class) is \$8 and no-show fee is the class fee.*
- Drill packs must be used withing the 10-week program session and expire 10/18/26.*

DOUBLES TACTICS CLASS

This class focuses on fast-moving doubles drills and point play with instruction on doubles positioning, strategy, and technical components associated with different doubles situations. This is a great way to improve your doubles game and learn skills for success in your next match. Players who need assistance in assessing which level to join should contact Director of Tennis Development, Jonathan Diamond.

| CLASS / LEVEL                 | DAY   | TIME            |
|-------------------------------|-------|-----------------|
| Level 3.0-3.25, NITTL Div 3/4 | Mon   | 10:30am-12:00pm |
| Level 3.5-3.75, NITTL Div 2   | Mon   | 10:30am-12:00pm |
| Level 4.0+, NITTL Div 1       | Tues  | 10:30am-12pm    |
| CoEd Evening Level 3.5+       | Thurs | 7:00-8:00pm     |

ADULT DRILL & PLAY CLASSES

Join us on court to work on both your singles and doubles game. Each class will focus a specific skill or strategy – the first half hour will give instruction through drills that reinforce the skill/strategy of the week, then will continue with instruction/feed back as players apply it in the context of match play.

| CLASS / LEVEL              | DAY   | TIME          | TENNIS MEMBER | HEALTH CLUB MEMBER | GUEST |
|----------------------------|-------|---------------|---------------|--------------------|-------|
| Adult Evening Drill & Play | Thurs | 7:00pm-8:00pm | \$125         | \$140              | \$165 |
| Men's 3.5 Drill & Play     | Wed   | 6:30pm-8:00pm | \$170         | \$200              | \$230 |

TAKEOVER THURSDAYS

LEARN TO RULE THE COURT!

Sharpen your skills and strategy and become a force on the court! These specifically themed clinics will focus on developing tools for tennis success. Players sign up on a week-to-week basis in your WSC App or online.

| CLASS / LEVEL | DAY   | TIME           | FEES   |           |       |
|---------------|-------|----------------|--------|-----------|-------|
|               |       |                | TENNIS | HC MEMBER | GUEST |
| AUG 13        | Thurs | 12:00pm-1:30pm | \$38   | \$44      | \$57  |
| AUG 20        | Thurs | 12:00pm-1:30pm | \$38   | \$44      | \$57  |
| AUG 27        | Thurs | 12:00pm-1:30pm | \$38   | \$44      | \$57  |
| SEPT 3        | Thurs | 12:00pm-1:30pm | \$38   | \$44      | \$57  |
| SEPT 10       | Thurs | 12:00pm-1:30pm | \$38   | \$44      | \$57  |
| SEPT 17       | Thurs | 12:00pm-1:30pm | \$38   | \$44      | \$57  |
| SEPT 24       | Thurs | 12:00pm-1:30pm | \$38   | \$44      | \$57  |
| OCT 1         | Thurs | 12:00pm-1:30pm | \$38   | \$44      | \$57  |
| OCT 8         | Thurs | 12:00pm-1:30pm | \$38   | \$44      | \$57  |
| OCT 15        | Thurs | 12:00pm-1:30pm | \$38   | \$44      | \$57  |

Aug 13 - Dominating the Net - Volleys & Poaching  
Aug 20 - Doubles Positioning & Strategy  
Aug 27 - Turning Defense Into Offense  
Sept 3 - Mastering Groundstroke Technique  
Sept 10 - Serves & Returns  
Sept 17 - Creating Angles  
Sept 24 - Specialty Shots  
Oct 1 - Utilizing Zones of the Court  
Oct 8 - Using Lobs & Overheads for Offense & Defense  
Oct 15 - Perfecting the Slice

LADIES PRO-LED MATCH PLAY

Join us for some fun summer competition and improve your match skills! Each week a WSC Director of Tennis will facilitate competitive doubles play, including circulating each court to give immediate tactical/technical feedback and advice. Players sign up on a week-to-week basis.

| CLASS / LEVEL                   | DAY | TIME         | WSC MEMBERS | GUESTS |
|---------------------------------|-----|--------------|-------------|--------|
| Ladies NITTL Division 3 & 3.25+ | WED | 12:00-1:30PM | \$12        | \$15   |

TENNIS LEAGUES

In-house leagues are open to WSC Tennis Members ages 18 and over. First-time participants are evaluated by a WSC tennis professional to ensure placement at the proper level. *Register for Leagues now online or on the WSC App (under classes).*

**Registration Deadline:** Closes JULY 29

**Session Dates:** August 10 - October 18, *no league September 7*

| WOMEN'S LEAGUES | LEAGUE                                   | DAY | TIME          | FEE  |
|-----------------|------------------------------------------|-----|---------------|------|
|                 | 2.0 Women's Scheduled Doubles            | THU | 10:00-11:30am | \$50 |
|                 | 3.0 Women's Scheduled Doubles            | THU | 6:00pm-7:30pm | \$50 |
|                 | 3.5 Women's Scheduled Doubles            | WED | 6:00pm-7:30pm | \$50 |
|                 | Women's Self-Scheduled Singles 3.25-3.75 | *** |               | \$50 |

| MEN'S LEAGUES | LEAGUE                                     | DAY | TIME          | FEE  |
|---------------|--------------------------------------------|-----|---------------|------|
|               | 3.0 Men's Scheduled Doubles                | SAT | 7:30am-9:00am | \$50 |
|               | 3.5 Men's Scheduled Doubles                | MON | 6:00pm-7:30pm | \$45 |
|               | 3.5 Men's Scheduled Doubles                | MON | 7:30pm-9:00pm | \$45 |
|               | Men's Self-Scheduled Singles 3.0, 3.5, 4.0 | *** |               | \$50 |

*No league play Monday, September 7.  
For more information, contact League Coordinator, Susan Johnson [sjohnson@wheatonsportcenter.com](mailto:sjohnson@wheatonsportcenter.com)*