

SUMMER SWIM 2026

JUNE 15 - AUG 2

NO CLASSES JUNE 29 - JULY 5

aquatics@wheatonsportcenter.com | 630-315-5325



630-690-0887 | www.wheatonsportcenter.com



Welcome to The Swim Academy at Wheaton Sport Center!

The Swim Academy is dedicated to teaching children lifelong swimming skills and safety. We are an all-inclusive program for ages 6 months and up. Our progression based system takes children from introduction to water to competitive swim team ready. From small group classes to individual lessons, we can tailor lessons to meet everyone's needs.

With two state-of-the-art pools at the Wheaton Sport Center, there's no better place to come swim year-round! The recreation pool is perfect for relaxing with a waterslide and 3 marked lanes. The lap pool is 25 yards long with 6 lap lanes.

Please note : All persons under the age of 16 must have direct adult supervision while in the pool area and no person under the age of 16 may use the hot tub, with or without direct adult supervision.



Register online at www.wheatonsportcenter.com or on the WSC App



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Registration tip: Register online under Programs and enter the Program Code into the search bar



THE SWIM ACADEMY

SWIMMER LEVELS

Level 1 (Ages 6 months-2 years⁺)

Swimmer/Instructor Ratio - 6:1

This parent/tot class is made for the toddler who is learning to follow directions. A parent is required to be in the water with the child. Songs & games will be used to keep the class engaging for the child, while learning the basics of swimming. Parents will learn water safety as kids begin to learn to use equipment to kick, scoop, blow bubbles, and float.

Level 2 (Ages 2-3 years⁺)

Swimmer/Instructor Ratio - 6:1

These classes will work on getting the child comfortable in the water with an instructor and begin to become more independent. They will learn to blow bubbles, float, kick, and jump with a parent, then we will progress so they are comfortable working directly with the instructor. This class is a parent/tot class and the parent is required to be in the water with the child.

Level 3 (Ages 3 years & up⁺)

Swimmer/Instructor Ratio - 3:1

Level 3 is for children who can be in the water without a parent. Children will learn to float on their front and back with assistance, put their face in the water and blow bubbles, and jump into the water comfortably with assistance. They will learn to kick their feet and paddle their arms in preparation for the front and back stroke. They will begin to learn basic safety skills appropriate for their age level.

Level 4 (Ages 3-5 years⁺)

Swimmer/Instructor Ratio - 4:1

Children will learn the front and back float without assistance for 5 seconds. From there, they will begin freestyle and backstroke by learning to paddle and kick at the same time. Children will also continue to learn basic safety skills appropriate for their ability level.

Level 5 (Ages 4-6 years⁺)

Swimmer/Instructor Ratio - 4:1

This is an introductory level for freestyle and backstroke. Children who have passed floating will begin to learn arm strokes and kicks for the first time. They will learn to swim 1 full length of the pool with equipment assistance and a half-length without assistance, and will also continue to learn basic safety skills appropriate for their ability level.

Level 6 (Ages 5-8 years⁺)

Swimmer/Instructor Ratio - 4:1

Children will perfect their freestyle and backstroke to swim for 1 length of the pool. They will add breathing to their freestyle, and continue to learn basic safety skills appropriate for their ability level.

Level 7 (Ages 6-9 years⁺)

Swimmer/Instructor Ratio - 4:1

After perfecting their freestyle and backstroke, kids will work on their endurance to be able to swim the strokes for 25 yards. They will also learn the breaststroke in this level, as well as start treading water.

Level 8 (Ages 7-12 years⁺)

Swimmer/Instructor Ratio - 4:1

In our most advanced level, kids will keep working on endurance on all 3 strokes, freestyle, backstroke and breaststroke. They will learn to swim the butterfly and to tread water for longer periods of time. After Level 8, swimmers will be ready for a competitive swim team.



THE SWIM ACADEMY ESCORT POLICY

EFFECTIVE JULY 1, 2026

WSC NON MEMBER ESCORT POLICY

To support a positive environment for all members; Beginning July 1, 2026, non-member escorts accompanying swimmers for group and private lessons will be limited to one adult escort per child.

While we understand the importance of family involvement, these adjustments are necessary to help manage facility traffic, preserve access to club amenities for members, and ensure that all members continue to enjoy the high-quality experience they expect from the Wheaton Sport Center.

We appreciate your understanding and cooperation. Thank you for your support.

WSC Management

**Placement is based on skill; ages indicated are FOR REFERENCE ONLY.
Child may be placed in a different level according to ability.*

Register online at www.wheatonsportcenter.com or on the WSC App



THE SWIM ACADEMY GROUP LESSONS



GROUP SWIM LESSON REGISTRATION

Group swim lessons are available for ages 6 months and older; students may be registered to take lessons up to three times per week* within the same level.

Registration for all group swim lessons can be completed on the WSC app or online at www.WheatonSportCenter.com. To register for multiple days, reference the Session Program Code for EACH separate day.

GROUP SWIM LESSON SESSION DATES & FEES

JUNE/JULY (3 weeks) NO CLASSES JUNE 29 - JULY 5	JULY/AUG (3 weeks)
Dates: JUNE 15 - JULY 12	Dates: JULY 13 - AUG 2
Registration Opens: May 15	Registration Opens: May 15
Session Fees* (Member / Guest)	Session Fees (Member / Guest)
1 lesson per week \$66/ \$96 (30 min)	1 lesson per week \$66/ \$96 (30 min)
\$99/ \$144 (45 min)	\$99/ \$144 (45 min)

Register online at www.wheatonsportcenter.com or on the WSC App



THE SWIM ACADEMY GROUP LESSONS

PARENT/TOT Ages 6-36 months*

Swimmer/Instructor Ratio - 6:1

Parent Tot class is a great introduction to water and perfect for more hesitant swimmers to get more familiar with various swim positions. Songs and games will be used to keep the class fun and entertaining while learning the basics and becoming more comfortable in the water. Water safety will be discussed with parents as kids begin to kick, scoop, blow bubbles and float. They will then progress so they are comfortable working directly with the instructor. This class is 30 minutes. A parent/guardian is required to be in the water with the child.

WEEKDAY	TIME	SESSION 1	SESSION 2
Thursday	10am-10:30am	88100	88200
Saturday	8:30am-9am	88101	88201

Registration tip: Register online under Programs and enter the Program Code into the search bar
PLEASE SEE BACK PAGE FOR LESSON AND CANCELLATION POLICIES



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THE SWIM ACADEMY GROUP LESSONS



LEVEL 3 STARFISH Ages 3 years & up* Swimmer/Instructor Ratio - 3:1

Level 3 is for children who can be in the water without a parent. In this level, children will learn to float on their front and back with assistance, put their face in the water and blow bubbles, and jump into the water comfortably with assistance. They will also learn to kick their feet and paddle their arms in preparation for the front and back stroke. They will begin to learn basic safety skills appropriate for their age level.

WEEKDAY	TIME	SESSION 1	SESSION 2
Monday	9:30-10am	N/A	88243
Wednesday	4-4:30pm	N/A	88256
Thursday	10:30-11am	N/A	89201
Thursday	6-6:30pm	N/A	88206
Saturday	9-9:30am	N/A	88208

Classes that do not meet the minimum of 3 will be cancelled

PLEASE SEE BACK PAGE FOR LESSON AND CANCELLATION POLICIES

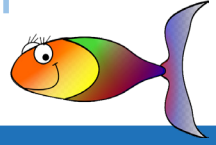
GROUP SWIM LESSON SESSION DATES & FEES

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Dates: JUNE 15 - JULY 12	Dates: JULY 13 - AUG 2
Registration Opens: May 15	Registration Opens: May 15
Session Fees* (Member / Guest)	Session Fees (Member / Guest)
1 lesson per week \$66/ \$96 (30 min)	1 lesson per week \$66/ \$96 (30 min)
\$99/ \$144 (45 min)	\$99/ \$144 (45 min)

Register online at www.wheatonsportcenter.com or on the WSC App



THE SWIM ACADEMY GROUP LESSONS



LEVEL 4 MINNOWS Ages 3 years+

Swimmer/Instructor Ratio - 4:1

In Level 4, children will learn the front and back float without assistance for 5 seconds. From there, they will begin freestyle and backstroke by learning to paddle and kick at the same time. Children will also continue to learn basic safety skills appropriate for their ability level.

WEEKDAY	TIME	SESSION 1	SESSION 2
Monday	8:30-9am	N/A	88244
Monday	10-10:30am	88145	88245
Tuesday	5:30-6pm	88111	88211
Wednesday	4:30-5pm	N/A	88257
Thursday	11-11:30am	N/A	88231
Saturday	10:30-11am	N/A	88215
Sunday	11:30-12pm	N/A	88252

Classes that do not meet the minimum of 3 will be cancelled

PLEASE SEE BACK PAGE FOR LESSON AND CANCELLATION POLICIES

Registration tip: Register online under Programs and enter the Program Code into the search bar



**Group swim lesson placement is based on skill; ages indicated are FOR REFERENCE ONLY. Child may be placed in a different level according to ability.*

Register online at www.wheatonsportcenter.com or on the WSC App



THE SWIM ACADEMY GROUP LESSONS



LEVEL 5 TURTLES Ages 4-6 years*

Swimmer/Instructor Ratio - 4:1

This is an introductory level for freestyle and backstroke. Children who have passed floating will begin to learn arm strokes and kicks for the first time. They will learn to swim 1 full length of the pool with equipment assistance and a half-length without assistance. Children will also continue to learn basic safety skills appropriate for their ability level.

WEEKDAY	TIME	SESSION 1	SESSION 2
Monday	9-9:30am	N/A	88246
Monday	10:30-11am	88147	88247
Tuesday	6-6:30pm	N/A	88218
Thursday	5:30-6pm	N/A	88223
Saturday	9:30-10am	N/A	88226
Sunday	12-12:30pm	N/A	88253

Classes that do not meet the minimum of 3 will be cancelled

PLEASE SEE BACK PAGE FOR LESSON AND CANCELLATION POLICIES



**Group swim lesson placement is based on skill; ages indicated are FOR REFERENCE ONLY. Child may be placed in a different level according to ability.*

Register online at www.wheatonsportcenter.com or on the WSC App



THE SWIM ACADEMY GROUP LESSONS



LEVEL 6 OTTERS Ages 5-8 years*

Swimmer/Instructor Ratio - 4:1

In Level 6, the children will perfect their freestyle and backstroke to swim for 1 length of the pool. They will add breathing to their freestyle.

WEEKDAY	TIME	SESSION 1	SESSION 2
Monday	11-11:30am	N/A	88249
Tuesday	7-7:30pm	N/A	88230
Wednesday	5:30-6pm	88159	88259
Thursday	6:30-7pm	N/A	88233
Saturday	10-10:30am	88134	88234

PLEASE SEE BACK PAGE FOR LESSON AND CANCELLATION POLICIES

GROUP SWIM LESSON SESSION DATES & FEES

JUNE/JULY (3 weeks) NO CLASSES JUNE 29 - JULY 5	JULY/AUG (3 weeks)
Dates: JUNE 15 - JULY 12	Dates: JULY 13 - AUG 2
Registration Opens: May 15	Registration Opens: May 15
Session Fees* (Member / Guest)	Session Fees (Member / Guest)
1 lesson per week	1 lesson per week
\$66/ \$96 (30 min)	\$66/ \$96 (30 min)
\$99/ \$144 (45 min)	\$99/ \$144 (45 min)

*Group swim lesson placement is based on skill; ages indicated are FOR REFERENCE ONLY. Child may be placed in a different level according to ability.

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THE SWIM ACADEMY GROUP LESSONS

LEVEL 7 SEA LIONS Ages 6-9 years* Swimmer/Instructor Ratio - 4:1

After perfecting their freestyle and backstroke, kids will work on their endurance to be able to swim the strokes for 25 yards. They will also learn the breaststroke in this level, as well as start treading water.

WEEKDAY	TIME	SESSION 1	SESSION 2
Tuesday	6:30-7pm	N/A	88235
Wednesday	6-6:30pm	N/A	88260
Saturday	10-10:30am	88138	88238



LEVEL 8 Ages 7-12 years* Swimmer/Instructor Ratio - 4:1

After perfecting their freestyle and backstroke, kids will work on their endurance to be able to swim the strokes for 25 yards. They will also learn the breaststroke in this level, as well as start treading water.

WEEKDAY	TIME	SESSION 1	SESSION 2
Tuesday	7:30-8pm	N/A	88238
Wednesday	6:30-7pm	N/A	88262
Saturday	11-11:30am	N/A	88240



GROUP SWIM LESSON SESSION DATES & FEES

JUNE/JULY
(3 weeks)
NO CLASSES
JUNE 29 - JULY 5

Dates:
JUNE 15 - JULY 12

Registration Opens:
May 15

Session Fees*
(Member / Guest)

1 lesson per week
\$66/ \$96 (30 min)

\$99/ \$144 (45 min)

JULY/AUG
(3 weeks)

**2 weeks where noted*

Dates:
JULY 13 - AUG 2

Registration Opens:
May 15

Session Fees
(Member / Guest)

1 lesson per week
\$66/ \$96 (30 min)

\$99/ \$144 (45 min)

Register online at www.wheatonsportcenter.com or on the WSC App



THE SWIM ACADEMY GROUP LESSONS



LEVEL 9 Ages 8-13years+ (45 minutes)

Swimmer/Instructor Ratio - 4:1

Sharks is for participants who have successfully completed the LEVEL 8 Belugas course or are able to swim 50 yards of freestyle, backstroke and 25 yards of breaststroke and side-stroke without assistance. The Sharks class refines and promotes proficiency and endurance in freestyle, backstroke, breaststroke, and butterfly. Participants will be introduced to swimming for fitness, approach strokes, starts, and flip turns, and surface dives.

WEEKDAY	TIME	SESSION 1	SESSION 2
Saturday	10:30-11:15am	N/A	88241

Classes that do not meet the minimum of 3 will be cancelled
PLEASE SEE BACK PAGE FOR LESSON AND CANCELLATION POLICIES

Registration tip: Register online under Programs and enter the Program Code into the search bar

ADULT NOVICE STROKE CLINIC

Swimmer/Instructor Ratio - 6:1

Ready to take your swimming to the next level? Join us for the Adult Novice Stroke Clinic, designed to improve your stroke techniques and build endurance. Refine your strokes, improve your efficiency in the water, and prepare for longer distance swims.

Our instructors will focus on technique, form, and stamina to help you swim smarter and stronger. All skill levels welcome! **Session 2 will be 2 weeks only, session prorated.**

WEEKDAY	TIME	SESSION 1	SESSION 2
Monday	6-6:30pm	N/A	88242*
Saturday	8:30-9am	88143	88243*



Register online at www.wheatonsportcenter.com or on the WSC App



THE SWIM ACADEMY GROUP & PRIVATE LESSONS

Group Lessons

The WSC Swim Academy is dedicated to teaching children lifelong swimming skills and safety. We are an all-inclusive program for ages 6 months and up. Our progression based system takes children from introduction to water to swim team ready.

To learn more about our Swim Academy small group & private lessons, scan here:



Private Lessons

Mornings/Afternoons/Evenings/Weekends

One-on-One Lesson

1:1 Swimmer-to-Instructor Ratio

Participants receive tailored lessons based on their strengths and areas of improvement.

Semi-Private

2:1 Swimmer-to-Instructor Ratio

Children from two different families can register for a class together. This does not apply to siblings (see *Sibling Private*). Participants are responsible for finding his or her classmate(s) for the class to run.

Sibling Private

2:1 Swimmer-to-Instructor Ratio

One lesson shared between 2 siblings per one instructor. Siblings must be closely matched in swimming ability.

Email aquatics@wheatonsportcenter.com for more information!

PREMIER INSTRUCTORS

Instructors have a passion for swimming, instruction, and helping children and adults get comfortable in the water. They have at least 1 year of competitive swim experience, lifeguarding, swim instruction, or the equivalent training time.

MASTER INSTRUCTORS

Instructors have 10 plus years of swim experience in competitive swimming, coaching, training, and safety instruction. They are certified with USA swimming, and have obtained safety training for swim coaches. Instructors have worked with all ages; infant through adult, and have helped people of all skill levels obtain swim skills. They have worked with Masters swim programs training for fitness, competitive swimming, and triathlon training.

Register online at www.wheatonsportcenter.com or on the WSC App



THE SWIM ACADEMY INSTRUCTORS



Coming Soon
Aquatics
Manager



Abby Jury
Swim Instructor
- Master



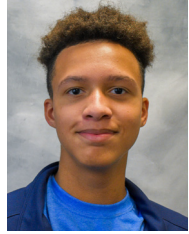
Anne Schillinger
Swim Instructor
Master



Ashley Chex
Swim Instructor
- Premier



Brendan Maguire
Swim Instructor
- Premier



Christopher Davis
Swim Instructor
- Premier



David Hume
Swim Instructor
- Premier



Karis Buttry
Swim Instructor
- Premier

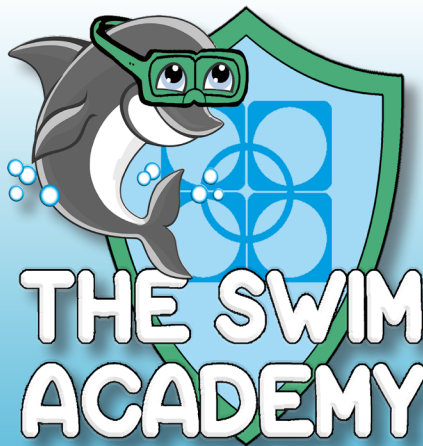


Liz Kettleon
Swim Instructor
- Premier

MASTERS SWIM COACH



David Doerr
Masters
Swim Coach



LESSON POLICIES

- ◆ Parents are welcome on the pool deck during lessons.*
**In order to provide a productive lesson environment, we kindly request that swim lesson participants be accompanied only by adults.*
- ◆ Please cover street shoes with the blue booties provided in the locker rooms.
- ◆ Please leave strollers outside of pool area.
- ◆ Instead of eating on the pool deck, please enjoy food and drink in our lounge or outside patio area.
- ◆ We are unable to offer make-up classes in the event of missed classes.
- ◆ While Starfish level does utilize the shallow step area, we do keep a portion of the pool available for open swim.
- ◆ We provide equipment for use in lessons only.
- ◆ 1 adult to accompany per non-member swimmer into club/lessons

EACH MONTH THERE WILL BE ONE THIRTY MINUTE SESSION PER WEEK.

Registration tip: Register online under Programs and enter the Program Code into the search bar

REFUNDS WILL NOT BE GIVEN ONCE ATTENDANCE HAS BEGUN. IF YOU NEED TO CANCEL OUT YOUR LESSONS, PLEASE DO SO VIA EMAIL TO AQUATICS@WHEATONSPORTCENTER.COM NO LESS THAN 72 HOURS PRIOR TO THE START OF YOUR FIRST CLASS.

GROUP SWIM CLASS CANCELLATION POLICIES

Unless otherwise noted, Wheaton Sport Center's cancellation policy is in effect for all fee-based programs.

- ◆ To qualify for a refund of group lessons, participants are required to give at least 72-hour written notice prior to the start of the program/session.
- ◆ Classes with less than 3 participants will be cancelled 72 hours prior to the start of a new session.
- ◆ After the session starts, no refunds will be given.
- ◆ Students are responsible for attending the class in which they have registered.
- ◆ We are unable to guarantee make-up classes in the event of missed classes. If makeups are granted, they must be completed within the same session of registration.
- ◆ No refunds or credits will be given for classes missed.

PRIVATE SWIM LESSON CANCELLATION POLICIES

- ◆ Private lesson participants who cancel within 48-24 hours advance of lesson, will be charged 50% of the lesson fee.
- ◆ Private lesson participants who cancel 24 hours or less, will be charged the full price of the lesson.