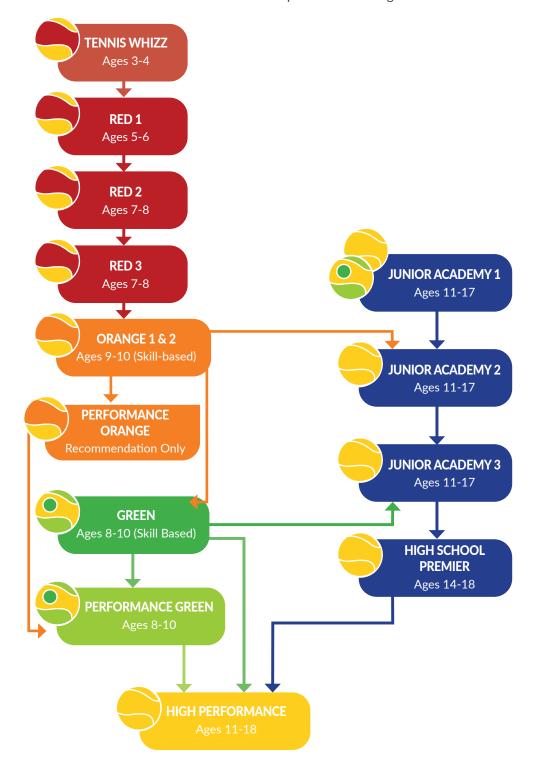
JUNIOR TENNIS ROADMAP

This roadmap shows the progression of the tennis player through recreational and competitive tennis, from age 3 through high school. Players advance along the road that best meets their individual developmental needs & goals.





Wheaton Sport Center has achieved PTR Proud Facility Status from the Professional Tennis Registry, which is awarded for upholding Professional tennis standards.

			PRIVAT	E LESSO	ONS		
	Teaching Pro	1 student 1/2 hour	1 student 1 hour	2 students 1 hour	3 students 1 hour	4 students 1 hour	5 students 1 hour
	Bill Eng	\$36.00	\$66.00	\$37.00 each	\$34.00 each	\$31.00 each	\$29.00 each
	Mark Exner	\$45.00	\$80.00	\$46.00 each	\$42.00 each	\$39.00 each	\$36.00 each
	Russ Ruffolo	\$32.00	\$60.00	\$33.00 each	\$30.00 each	\$28.00 each	\$26.00 each
	Mike Fessel	\$45.00	\$80.00	\$46.00 each	\$42.00 each	\$39.00 each	\$36.00 each
	Emily Connolly	\$45.00	\$80.00	\$46.00 each	\$42.00 each	\$39.00 each	\$36.00 each
8	Danilo Kovacevic	\$45.00	\$80.00	\$46.00 each	\$42.00 each	\$39.00 each	\$36.00 each
监	Rick Huffman	\$47.50	\$85.00	\$48.50 each	\$44.50 each	\$41.50 each	\$38.50 each
ቜ	Matt Roszkowski	\$50.00	\$90.00	\$51.00 each	\$47.00 each	\$44.00 each	\$41.00 each
罗	Anne Mache	\$36.00	\$66.00	\$37.00 each	\$34.00 each	\$31.00 each	\$29.00 each
TENNIS MEMBER R	Karl Peterson	\$52.50	\$95.00	\$53.00 each	\$49.00 each	\$45.00 each	\$40.00 each
Z	Lisane Swartwood	\$57.00	\$100.00	\$55.00 each	\$51.00 each	\$48.00 each	\$45.00 each
包	Linda Wright	\$40.00	\$73.00	\$41.00 each	\$37.00 each	\$34.00 each	\$31.00 each
	Anders Singdahlsen	\$40.00	\$73.00	\$41.00 each	\$37.00 each	\$34.00 each	\$31.00 each
	Keith Mills	\$40.00	\$73.00	\$41.00 each	\$37.00 each	\$34.00 each	\$31.00 each
	Jeff Porto	\$40.00	\$73.00	\$41.00 each	\$37.00 each	\$34.00 each	\$31.00 each
	Keith Giltner	\$32.00	\$60.00	\$33.00 each	\$30.00 each	\$28.00 each	\$26.00 each
	Teaching Pro	1 student 1/2 hour	1 student 1 hour	2 students 1 hour	3 students 1 hour	4 students 1 hour	5 students 1 hour
	Bill Eng	\$40.00	\$73.00	\$41.00 each	\$38.00 each	\$36.00 each	\$34.00 each
ES	Mark Exner	\$48.00	\$87.00	\$49.00 each	\$45.00 each	\$42.00 each	\$39.00 each
A	Russ Ruffolo	\$36.00	\$67.00	\$37.00 each	\$34.00 each	\$32.00 each	\$30.00 each
~	Mike Fessel	\$48.00	\$87.00	\$49.00 each	\$45.00 each	\$42.00 each	\$39.00 each
띪	Emily Connolly	\$48.00	\$87.00	\$49.00 each	\$45.00 each	\$42.00 each	\$39.00 each
⋝	Danilo Kovacevic	\$48.00	\$87.00	\$49.00 each	\$45.00 each	\$42.00 each	\$39.00 each
≝	Rick Huffman	\$50.50	\$92.00	\$51.50 each	\$47.50 each	\$44.50 each	\$42.00 each
EALTH CLUB MEMBER RATES	Matt Roszkowski	\$53.00	\$97.00	\$54.00 each	\$50.00 each	\$47.00 each	\$45.00 each
듸	Anne Mache	\$40.00	\$73.00	\$41.00 each	\$38.00 each	\$36.00 each	\$34.00 each
ᅱ	Karl Peterson	\$56.00	\$102.00	\$57.00 each	\$53.00 each	\$49.00 each	\$44.00 each
팃	Lisane Swartwood	\$61.00	\$107.00	\$59.00 each	\$55.00 each	\$51.00 each	\$48.00 each
≅	Linda Wright	\$44.00	\$80.00	\$45.00 each	\$41.00 each	\$38.00 each	\$35.00 each
エ	Anders Singdahlsen	\$44.00	\$80.00	\$45.00 each	\$41.00 each	\$38.00 each	\$35.00 each
	Keith Mills	\$44.00	\$80.00	\$45.00 each	\$41.00 each	\$38.00 each	\$35.00 each
	Jeff Porto	\$44.00	\$80.00	\$45.00 each	\$41.00 each	\$38.00 each	\$35.00 each
	Keith Giltner	\$36.00	\$67.00	\$37.00 each	\$34.00 each	\$32.00 each	\$30.00 each
	Teaching Pro	1 student 1/2 hour	1 student 1 hour	2 students 1 hour	3 students 1 hour	4 students 1 hour	5 students 1 hour
	Bill Eng	\$44.00	\$81.00	\$45.00 each	\$42.00 each	\$40.00 each	\$38.00 each
	Mark Exner	\$52.00	\$94.00	\$53.00 each	\$49.00 each	\$46.00 each	\$43.00 each
	Russ Ruffolo	\$40.00	\$75.00	\$41.00 each	\$38.00 each	\$36.00 each	\$34.00 each
S	Mike Fessel	\$52.00	\$94.00	\$53.00 each	\$49.00 each	\$46.00 each	\$43.00 each
Ľ.	Emily Connolly	\$52.00	\$94.00	\$53.00 each	\$49.00 each	\$46.00 each	\$43.00 each
RA.	Danilo Kovacevic	\$52.00	\$94.00	\$53.00 each	\$49.00 each	\$46.00 each	\$43.00 each
GUEST RATES	Rick Huffman	\$54.50	\$98.50	\$55.00 each	\$51.00 each	\$48.00 each	\$45.00 each
当	Matt Roszkowski	\$57.00	\$103.00	\$57.00 each	\$53.00 each	\$50.00 each	\$47.00 each
ਲ	Anne Mache	\$44.00	\$81.00	\$45.00 each	\$42.00 each	\$40.00 each	\$38.00 each
	Karl Peterson	\$59.00	\$108.00	\$60.00 each	\$56.00 each	\$52.00 each	\$47.00 each
	Lisane Swartwood	\$64.00	\$113.00	\$62.00 each	\$58.00 each	\$54.00 each	\$51.00 each
	Linda Wright	\$48.00	\$88.00	\$49.00 each	\$43.00 each	\$41.00 each	\$39.00 each
	Anders Singdahlsen	\$48.00	\$88.00	\$49.00 each	\$43.00 each	\$41.00 each	\$39.00 each
	Keith Mills	\$48.00	\$88.00	\$49.00 each	\$43.00 each	\$41.00 each	\$39.00 each
	Jeff Porto	\$48.00	\$88.00	\$49.00 each	\$43.00 each	\$41.00 each	\$39.00 each
202	Keith Giltner 25-07-15	\$40.00	\$75.00	\$41.00 each	\$38.00 each	\$36.00 each	\$34.00 each

JUNIOR TENNIS



FALL 2025

AUG 11 - OCT 19, 2025

10 -WEEK SESSION

JUNIOR ACADEMY
HIGH SCHOOL PREMIER
HIGH PERFORMANCE

Tennis Manager: Lori Mills | <u>Imills@wheatonsportcenter.com</u>

Director of Tennis Development & High Performance:

Lisane Swartwood | Iswartwood@wheatonsportcenter.com

Evolution Kids Tennis Coordinator: Matt Roszkowski | mroszkowski@wheatonsportcenter.com



630-690-0887 | www.wheatonsportcenter.com



JUNIOR ACADEMY & HIGH SCHOOL PREMIER programs help players reach their tennis goals of becoming recreational, competitive high school, or high performance players.

JR ACADEMY 1 **AGES 11-17**

Participants learn groundstrokes, volleys, the serve and game situations, as well as develop hand-eye coordination, balance, agility and footwork movement patterns. Class will use green ball for skill development with an introduction to vellow ball.

DAY	TIME
TUE	6:00pm-7:00pm max 12
SAT	10:30am-11:30am max 12
SUN	4:30-5:30pm max 6

JR ACADEMY 2 **AGES 11-17**

Players will build upon skills developed in Junior Academy 1. Students will learn to hit groundstrokes and volleys with direction as well as be introduced to flat and spin serves. They will also learn decision-making in game situations. Green ball will be used for skill development although players will transition to yellow ball for all strokes.

DAY	TIME
MON	5:00pm-6:30pm max 12
WED	5:00pm-6:30pm max 12
SAT	10:30am-12:00pm max 12

JR ACADEMY 3 **AGES 11-17**

Students continue skill progression, plus game styles will be introduced. Skill development will include hitting groundstrokes with direction and varying height, speed and distance, and building consistency of groundstrokes, volleys, overheads and serves.

DAY	TIME
TUE	4:00pm-6:00pm max 12
THU	4:00pm-6:00pm max 12
SAT	12:00pm-2:00pm max 12



HS PREMIER*

AGES 14-17

High School players will train for competitive play. Program focuses on basic concepts of offense, defense, and point play.

*Players must be approved for this class by their instructor.

DAY	TIME	
TUE	7:00pm - 9:00pm	max 18
THURS	7:00pm - 9:00pm	max 18
SAT	12:00pm-2:00pm	max 18

JUNIOR CHALLENGER'S **CIRCUIT**

The WSC Co-ed Challenger Circuit is an opportunity for Jr. Academy players to compete in weekly in-house match play. Players will play singles and doubles to earn individual points and will be placed on our weekly Standings Board. Points are cumulative from week to week. At the end of the league, top players will win a fabulous Wheaton Sport Center prize. Players sign up on a weekly basis on the WSC App or online. Registration Deadline is the Saturday prior to each match day spots are limited. The Challenger's Circuit begins on Sunday, September 8.

SUNDAYS 4:30-6PM \$15/WEEK



JUNIOR TENNIS FEES & POLICIES

JUNIOR TENNIS GROUP LESSON FEES

		SESSION FEES		
LEVEL	# DAYS/WEEK	TENNIS MEMBER	HEALTH CLUB MEMBER	GUEST
Jr. Academy 1	1 day/week	\$235	\$255	\$275
	2 days/week	\$415	\$455	\$495
Jr. Academy 2	1 day/week	\$349	\$379	\$409
	2 days/week	\$615	\$675	\$735
	3 days/week	\$842	\$932	\$1,022
Jr. Academy 3	1 day/week	\$465	\$505	\$545
HS Premier	2 days/week	\$810	\$890	\$970
	3 days/week	\$1,100	\$1,217	\$1,337



High Performance Director Lisane Swartwood | Iswartwood@wheatonsportcenter.com

HIGH PERFORMANCE is WSC's highest intensity program and approval of the High Performance Director is required prior to entry. Intended for players with a year round commitment to tennis, high performance is designed to propel players forward in their competitive goals. Players will be given all of the tools to make them more fit, more accurate and stronger mentally when competing. Players are expected to participate in Sunday Match Play (included in the class

Player requirements to enter this program:

- **Year-Round Commitment**
- Compete in minimum of 6 USTA tournaments per year
- Can hit groundstrokes with both topspin and slice
- Use continental grip on volley, serve, and backhand

There are three class levels, Silver, Gold, and Platinum players are placed based on specific performance criteria for each level. For more information, criteria details and to be evaluated for program entry, contact Director of Tennis Development and High Performance Director Lisane Swartwood, lswartwood@wheatonsportcenter.com.

Players are required to register for a minimum of 2 days per week, as designated below:

GROUP LESSON MAKE-UP & REFUND POLICIES

Students are responsible for attending lessons for which they have registered. A maximum of 3 missed lessons may be made up per session, with prior approval of the instructor. Student must email the instructor 24 hours prior to the missed lesson. Lessons must be made up during the current session and are NOT guaranteed. Approval for make-up lesson is based on class space availability. Refunds are honored for any reason if notification is given 72 hours prior to the first lesson. After a session has started, refunds are only given for illness or injury with a doctor's note. A \$10 fee per registrant will be charged for all refunds.





HIGH PERFORMANCE (INVITATION ONLY)

High Performance Director Lisane Swartwood | Iswartwood@wheatonsportcenter.com

HP SILVER

AGES 10-14

Players at this level are playing a minimum of level 7 & 6 USTA tournaments and Jr. Team Tennis and meet designated technical criteria. Class focuses on proper technical and tactical development needed for successful competitive play.

DAY	TIME
MON & WED	4:00pm-6:00pm

HP GOLD

AGES 13+

Players at this level have significant tournament & High School Varsity experience and meet des- HIGH PERFORMANCE FEES ignated technical criteria. Focus is on competitive tactics and will continue to sharpen technical skills to prepare players for College competition. Regular tournament play and match play attendance are expected. Players may choose a 3rd training day per below

DAY	TIME	
TUES & THURS	4:00pm - 6:00pm	
ADDITIONAL TRAINING DAYS		
MON	4:00pm - 6:00pm	
WED	4:00pm - 6:00pm	

HP PLATINUM AGES 13+

This level is for players who possess all of the required the HP Gold skills and are the top 10-15 players in the program. This is determined by:

- -Sunday Match Play results (a player must be participating in Sunday match play to be considered for Platinum)
- -Class participation rank
- -WTN or JTT participation
- -Practicing independently
- -Playing 12 tournaments a year. USTA Level 6 or higher.
- -Displays strong mental toughness in practice and in competition
- -Coach input, but final decision is made by the High Performance Director

Players may select a 3rd training day below:

DAY	TIME	
MON & WED	6:00pm - 8:00pm	
ADDITIONAL	TRAINING DAYS	
TUES	4:00pm - 6:00pm	
THURS	4:00pm - 6:00pm	

MATCH PLAY

SUNDAY MATCH PLAY 5:30-7PM IS INCLUDED AS PART OF THE PROGRAM FEE: PLAYERS REGISTER ON A WEEK TO WEEK BASIS.

High Performance runs August 11, 2025 May 31, 2026. Class fees are for 4 weeks and are automatically billed monthly.

MONTHLY FEES	TENNIS
2 days / week	\$375
3 days /week	\$500
4 days / week	\$600

MONTHLY FEES	HEALTH CLUB
2 days / week	\$415
3 days /week	\$550
4 days / week	\$660

MONTHLY FEES	GUEST
2 days / week	\$455
3 days /week	\$600
4 days / week	\$720

INTERESTED IN JOINING WSC'S HIGH **PERFORMANCE PROGRAM?**

Contact Director of Tennis Development & High Performance Director Lisane Swartwood lswartwood@wheatonsportcenter.com