



Wheaton Sport Center

February Newsletter



Thank you for
45 YEARS
of being Your
Neighborhood Club!

*Our amazing members make all the
difference in this special community!*

We will be celebrating with special anniversary
events and promotions all month long!



Take Advantage of Our Incredible Anniversary Deal!
Refer a friend to WSC this February
AND RECEIVE ONE MONTH DUES FREE!

Valid for new members referrals only. New members must enroll by February 29th, 2024.
Earned free month will take place in April 2024.

ANNIVERSARY GUEST PASS SALE

FEBRUARY 1 - FEBRUARY 5

5 Passes for \$45!

Offer valid through February 29th, 2024. Original value \$60.



[Purchase Here](#)

45 YEARS = 45 REPS

Monday February 5th
5:30-6:30AM & 9:30-10:30AM

This WSC 45th Anniversary Workout will consist of 45 Reps of squats, push ups, lunges, and more! There will be stations set up around the Basketball Gym utilizing equipment from the ZONE360 Studio. Sign up now and claim your spot!

[Register Here](#)



Test your knowledge of WSC facts with
WSC TRIVIA!

Top 4 Winners will win
\$45 Club Cash!

[Click Here](#)

GROUP FITNESS

Valentine Raffle

February 8th - 14th

Attend a Group Fitness class the week before Valentine's Day, and you will be entered into a **daily raffle to win a prize!**

Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday
8 2 Guest Passes	9 Boxing Gloves	10 Myzone T-Shirt	11 \$50 Club Cash	12 Myzone MZ-1 Belt	13 30 Min. Personal Training Session	14 60 Min. Personal Training Session

One raffle entry permitted per day. Winner will be randomly chosen at the end of the day and announced the following day.

Join us for this month's

FTP TESTING CLASSES For Cyclists!



Tuesday, February 6th, 6:30pm-7:45pm - Beth Corsello
Saturday, February 10th, 9:30am-10:45am - Beth Corsello
Friday, February 16th, 5:45am-7:00am - Megan Fahey
Tuesday, February 20th, 9:00am-10:15am - Megan Fahey

This test is used to help measure a user's fitness and establish their 5 colored training zones. Using your personal FTP (Functional Training Threshold) during your workout will enable you to **get faster, and stronger and challenge your fitness level.** This class is 60 minutes in duration, up to 75 min for stronger riders.

[Register Here](#)

BOX N BURN

MONDAY	6:00-7:00am Box N Burn Coke	FRIDAY	6:00-7:00am Box N Burn Coke
TUESDAY	6:00-7:00am Box N Burn Coke	SATURDAY	6:00-7:00am Box N Burn Coke
WEDNESDAY	6:00-7:00am Box N Burn Coke	SUNDAY	6:00-7:00am Box N Burn Coke
THURSDAY	6:00-7:00am Box N Burn Coke		

Boxing and Fitness Class that helps:

- Weight & Fat loss
- Increase Metabolism
- Increase overall strength
- Increase your confidence
- Reduce stress
- Improve your focus

** GLOVES ARE AVAILABLE TO BORROW! **

Sign up at the BBCC App or
online at www.boxnburn.com

ASCEND CYCLE STUDIO

2024

MONDAY	5:45-6:30am CYCLE JPG	5:45-6:30am CYCLE Ringside	THURSDAY	5:45-6:30am CYCLE Ringside
TUESDAY	5:45-6:30am CYCLE JPG	5:45-6:30am CYCLE EXPRESS JPG	FRIDAY	5:45-6:30am CYCLE Ringside
WEDNESDAY	5:45-6:30am CYCLE JPG	5:45-6:30am CYCLE Ringside	SATURDAY	5:45-6:30am CYCLE Ringside
			SUNDAY	5:45-6:30am CYCLE Ringside

KEY
NEW INSTRUCTOR NEW TIME

Updated 10/23/23

STUDIO 4 Group Fitness Classes

MONDAY	6:30-7:00am YOGA 3.2 JPG	WEDNESDAY	6:30-7:00am YOGA 3.2 JPG	FRIDAY	6:30-7:00am YOGA 3.2 JPG
6:30-7:00am YOGA 3.2 JPG	6:30-7:00am YOGA 3.2 JPG	6:30-7:00am YOGA 3.2 JPG	6:30-7:00am YOGA 3.2 JPG	6:30-7:00am YOGA 3.2 JPG	
6:30-7:00am YOGA 3.2 JPG	6:30-7:00am YOGA 3.2 JPG	6:30-7:00am YOGA 3.2 JPG	6:30-7:00am YOGA 3.2 JPG	6:30-7:00am YOGA 3.2 JPG	
6:30-7:00am YOGA 3.2 JPG	6:30-7:00am YOGA 3.2 JPG	6:30-7:00am YOGA 3.2 JPG	6:30-7:00am YOGA 3.2 JPG	6:30-7:00am YOGA 3.2 JPG	

LOCATION KEY
[M] STUDIO 1
[W] STUDIO 2
[TH] STUDIO 3
[F] STUDIO 4

Photo: 11/15/2023

View More Schedules

FITNESS

Partner Personal Training

You Choose Your Savings,
We'll Take Care of the Rest!

[Register Here](#)

30%

savings per person on
2-person group
training sessions

(\$32-\$38 per person per session)

40%

savings per person on
3-person group
training sessions

(\$27-\$33 per person per session)

50%

savings per person on
4-person group
training sessions

(\$23-\$27 per person per session)

Savings listed are compared to one-on-one personal training session rates.

Weight Machine Orientation

Empower your fitness experience! Led by a WSC certified personal trainer, this small group experience is designed for members eager to learn how to use basic weight-lifting machines. You will also explore general fitness guidelines, gym etiquette, and confidence-building techniques.

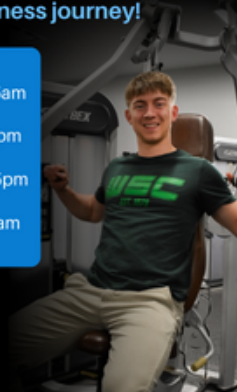
Our talented trainers are here to guide you toward a more empowered, efficient, and effective fitness journey!

FEBRUARY SCHEDULE

- Mondays at 9:30am-10:15am
 - February 5 & 19
- Tuesdays at 4:30pm-5:15pm
 - February 13 & 27
- Thursdays at 6:00pm-6:45pm
 - February 8 & 22
- Fridays at 10:30am-11:15am
 - February 2, 16, & 23

[Register Here](#)

Class capacity: 6



Kids ages 10-13 can workout on the WSC Fitness Floor by taking our

Youth Certification Classes

New Format!

Youth Certification

One 60-minute class (\$10 per child)

Explore equipment safety and gym etiquette! Certified members can access the Cardio Room and Functional Fitness area when working out with a parent or guardian.

Youth Certification - Strength

Two 45-minute sessions (\$90 per child)

Learn about strength training and get a personalized workout created by a Personal Trainer for your child to use in the Weight Room, Cardio Room, and Functional Fitness area with supervision.

[Get Started!](#)

Get ready to race!

WSC Tri Classes

Run and Bike Training Classes with Parker
Wednesdays from 6:00-7:30pm

for \$89 per month
& Exclusive 33% Discount on Masters Swim 10-Packs

Personalized Workout Plan created by Parker
for \$89 per month

Train with USA Certified Triathlon Coach, Parker Kerth, to reach your race goals.

WSC Tri provides community, accountability and coaching for triathletes of all levels training for their next race. Hit your PR goals and have fun in training AND competition!

[Register Here](#)

1	Parker KERTH	8:56:29
2	Chelsea BITTNER	9:10:01
3	Emma BEE	9:18:22
4	John ALBERTS	9:20:35

LEAP INTO 2024 CHALLENGE JANUARY 2 - FEBRUARY 29

myzone CHALLENGE

- Earn 1,500 MyZone Effort Points = 1 raffle entry
- Earn 2,800 MEPs = 2 total raffle entries
- Earn 5,500 MEPs = 3 total raffle entries
- Earn 7,000+ MEPs = 4 total raffle entries
- ZONE360 MEP workout = 1 raffle entry (max 4)

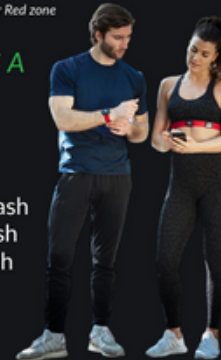
MEPs must be in the Blue, Green, Yellow, or Red zone to apply.

EVERY WORKOUT IS A CHANCE TO WIN!

THREE GRAND PRIZE WINNERS!

- 1st place: \$100 Club Cash
- 2nd place: \$75 Club Cash
- 3rd place: \$50 Club Cash

[Get Started!](#)



Club Cash can be used anywhere in WSC and The Spa, with the exception of membership dues. Participants must be active WSC members.

Quality is important to us.

Our Fitness Floor is now equipped to respond more efficiently to mechanical maintenance across over 200 machines. With your help, we can ensure all machines are functioning properly for the benefit of our entire membership.

Watch to see how together we can make a difference!

[▶ Watch Here](#)

INSTYLE

Shop InStyle for the sweeties in your life!

20% OFF

All Jewelry, Accessories & Home Items

February 1st-February 14th

WSC promotion excludes lululemon and Goodr products. Valid through February 14th, 2024.

AQUATICS

Join our
GROUP SWIM LESSONS!

Everyone is welcome to learn to swim with our expert instructors!
Learn to swim in our heated indoor pools.

[Register Here](#)

GET READY FOR SUMMER FUN!



MASTERS SWIM

1. Swim with a community with goals similar to yours
2. Get all of the benefits of a coach-led workout and get outside your comfort zone
3. Receive technique help and drills to become a more efficient swimmer
4. Add accountability to your workout!

[Register Here](#)



We are Hiring Lifeguards!

If you know someone who is lifeguard certified, refer them to WSC!

[Contact Us](#)



WSC AQUATICS

Spring Break Camp

March 25-March 28

Join us for 45 minutes of swimming fun! A 30-minute swim lesson, then practice your skills with water games!

[Register Here](#)

WSC Member \$100
 WSC Guest \$150



THERAPY POOL OPEN SWIM SCHEDULE

Effective January 1, 2024

Monday

5am - 11:45am
12:45pm - 4:30pm
6:30pm - 10pm

Tuesday

5am - 11:45am
1:45pm - 4:30pm
6:30pm - 10pm

Wednesday

5am - 11:45am
12:45pm - 4:30pm
6:30pm - 10pm

Thursday

5am - 10am
2pm - 4:30pm
6:30pm - 10pm

Friday

5am - 12pm
1pm - 9pm

Saturday

6am - 8:30am
11am - 6pm

Sunday

6am - 6pm

All other times, open swim in the Therapy Pool is unavailable due to WSC programs.

Questions about Aquatics?

Email aquatics@wheatonsportcenter.com to learn more!

THE STUDIO



Renew, Rest & Manifest
Yin & Yoga Nidra with Sound Bath

**With Special Guest Instructor,
Kristin Sassi**

February 18th at 12:00pm-2:00pm
WSC Member \$20 | WSC Guest \$40

Join Kristin for this restful, transformative passive practice of Yin Yoga, Restorative, Yoga Nidra Meditation with a Sound Bath. Yin Yoga is used to prepare the body for Yoga Nidra Meditation. Passive postures and gentle stretches are held with little to no muscle engagement to open fascia, the connective tissues in the body. When the body is relaxed, the mind can become relaxed.

Yoga Nidra meditation guides the practitioner into a hypnagogic state, the state of consciousness between wakefulness and sleeping. It is in this deeply relaxed state where the practitioner plants seeds of intention. Yoga Nidra meditation uses breathwork, relaxation techniques, rapid imagery, creative visualization, and sacred sound to help yogis explore their potential, their hopes and their dreams for positive transformation. The body temperature drops during meditation. It is recommended to bring a blanket and a pillow along with your yoga mat to this sound event.

[Register Here](#)

PARENT & CHILD
YOGA CLASS

for Parents with Children Ages 3-6

Saturday, March 9th
1:00pm-2:00pm



Join special guest instructor, Cynthia Morel-Pence, Certified Yoga Therapist & Yoga & Meditation Instructor, for a Parent & Child Yoga Class. Class will include a demonstration & author-read of her new Children's Book, "Calm". We will have breathing and stretching exercises along with a brief meditation with sound bowls.



Come relax and learn helpful tools for your child to self regulate their emotions & social emotional learning and take home a copy of the book "Calm".

[Register Here](#)

WSC Members: \$30 Parent & Child | WSC Guests: \$50 Parent & Child
\$5 for each additional child, max 3 children per adult

The Studio SCHEDULE



MONDAY		WEDNESDAY		FRIDAY	
9:45-10:45am [95]	STUDIO POWER Danielle	9:30-10:30am [85]	STUDIO FLOW 2 Heather	7:30-8:30am [95]	STUDIO POWER Karen
12:00-1:00pm [105]	STUDIO HOT FUSION Katie	12:00-1:00pm [95]	STUDIO POWER Katie	10:00-11:00am [105]	STUDIO HOT Jessica
1:30-2:30pm [75]	STUDIO MEDITATION & YIN Katie	1:30-2:30pm [75]	STUDIO MEDITATION & YIN Katie	11:30am-12:30pm [75]	STUDIO MEDITATION & YIN Jessica
6:15-7:15pm [105]	STUDIO HOT Corie	6:15-7:15pm [105]	STUDIO HOT FUSION Karen	SATURDAY	
7:30-8:30pm [75]	STUDIO RESTORE Corie	7:30-8:15pm [75] xP	STUDIO RESTORE Amy (A)/ Mary (B)	8:00-9:00am [85]	STUDIO SCULPT Jen
TUESDAY		THURSDAY		9:30-10:30am [85]	STUDIO FLOW 2 Jen
5:30-6:15am [85] xP	Studio Hot Tony	5:30-6:15am [85] xP	Studio Hot Tony	11:00-12:00pm [105]	STUDIO HOT Camille NEW CLASS
6:30-7:30am [75]	STUDIO YIN Corrie	6:30-7:45am [75] +	STUDIO YIN Karen	SUNDAY	
8:30-9:15am [85] xP	STUDIO BARRE FUSION xP Beth	8:00-9:00am [85]	STUDIO SCULPT Cori NEW CLASS	8:00-9:00am [85]	STUDIO SCULPT Sara NEW CLASS
10:00-11:00am [95]	STUDIO POWER Jessica	9:30-10:30am [95]	STUDIO POWER Heather	9:30-10:45am [75] +	STUDIO FLOW 1.5 W/ MUSIC MEDITATION Carrie
11:30am-12:30pm [105]	STUDIO HOT Jessica	11:30am-12:30pm [105]	STUDIO HOT Jessica	3:00-4:00pm [105]	STUDIO HOT FUSION Corie
6:30-7:30pm [95]	STUDIO POWER Katie NEW CLASS	5:00-6:00pm [75]	STUDIO FLOW 1.5 Kirsten	4:15-5:00pm [75] xP	STUDIO RESTORE Corie
8:00-8:45pm [75] xP	STUDIO YIN Camille NEW CLASS	6:30-7:30pm [95]	STUDIO SCULPT Sara NEW CLASS	KEY	
		8:00-8:45pm [75] xP	STUDIO YIN Sara NEW CLASS	xP	EXPRESS CLASS (30 or 45 min)
				+	75 minute class
				[75]	75 degrees
				[85]	85 degrees
				[95]	95 degrees
				[105]	105 degrees

Please reserve spot online.

Effective 02/01/2024

Updated 1/23/2024



PICKLEBALL

View Our Pavilion Schedule Here



Wilson Pickleball Paddle Playtest

FEBRUARY 21 & FEBRUARY 28
11:00AM-1:00PM

Sign up today and help test Wilson's newest prototypes!

Space is limited – registration is required.

[Register Here](#)



Now Available:
Pickleball Ball Machine Rental

Reserve a court and practice the shots that you're learning in your lessons & Pickleball University classes!

Tennis/Pickleball Members \$26/hr
Health Club Members \$32/hr

[Book a Court](#)



JUNIOR PICKLEBALL

Pickleball is fun for all ages! WSC offers pickleball instruction for youth ages 4 to 14. Join us and master the fastest growing sport in the U.S.

BIG & LITTLE PICKLERS – 4 TO 7 YEARS OLD

JUNIOR PICKLERS – 7 TO 12 YEARS OLD

PICKLEBALL TWEENS – 10 TO 14 YEARS OLD

[Details Here](#)



PICKLEBALL WSCup Series
Doubles Tournament

PICKLEBALL MADNESS
Tournament

March 1st-3rd

Join us on the courts for great pickleball competition and fun!

[Register Here](#)

WSCup Series T-shirt included in tournament fee

Registration closes 4 days prior to tournament. Refunds except for \$5 service fee available until February 28th, 2024. No refunds after February 28th.

Tennis & Pickleball After Hours Social

SATURDAY, MARCH 9th 6:30-9:00pm

Join us for after hours fun and action, followed by a social featuring refreshments from Two Hound Red Brewing Company. Players register to participate in either Cardio Tennis or Pickleball Round Robin. Bags Tournament (optional) registration will be taken at the event.



SA | Suzee Anderson
PICKLEBALL UNIVERSITY

Take your game to the next level and sign up today for WSC's instructional pickleball classes designed by former Top 10 player, Suzee Anderson.

[Register Here](#)



NEW TO PICKLEBALL?
Learn to Play for Free with Pickleball 101!

[Click here for more information.](#) [Register Here](#)

TENNIS

FEB Evolution Tennis
10 Valentine's Parent-Child
Tournament -
Join us for our tennis
version of Valentine's date night
featuring parent-child doubles tennis
followed by refreshments and socializing.

[Register Here](#)

FEB HEAD Demo Day -
15 Our HEAD rep will be
here to help you find the
best racquet for your
game! We'll have the ball machine set up
so you can try the racquets on your own
or during your own court time.

[Details Here](#)



FEB Last Day for Summer
Camp 25% Off Early
16 Registration Special -
Don't miss this incredible
value! 15% off extended summer camp
special runs February 17 to March 31.

[Register Here](#)

FEB Valentine's Mixed
16 Doubles Social -
Grab your fav partner and
sign up for an evening of
fun tennis, refreshments, and a
Valentine's social.

[Register Here](#)

FEB Winter Session 2 Adult
26 Tennis Begins -
Don't forget to sign up for
this second 5-week
session of winter adult tennis!

[Register Here](#)

MAR Evolution World Tour
2 Rome Tournament -
Red, Orange & Green
players, don't miss our
annual World Tour Rome Tournament!

[Register Here](#)

MAR Tennis & Pickleball After
9 Hours Social, Featuring
Two Hound Red -
Join us after hours for fun
on-court action and a social featuring
refreshments from Two Hound Red
Brewing Company.

[Register Here](#)

HEAD
DEMO DAY

Try out Head's newest offerings and find the best racquet for your game!

[Details Here](#)

25% OFF

SUMMER TENNIS CAMP SALE

January 22 to February 16

Don't miss the best summer junior tennis camp discount this year!

Camp registration information and details will be available on the WSC website Junior Tennis page on January 22.

HIGH SCHOOL BOYS SEASON PREP CLINICS

Wednesdays at 8:00-9:00pm
January 24 to February 21

Saturdays at 3:00-4:00pm
January 27 to February 24

High School Boys Tennis Team tryouts are right around the corner. Players will refine their skills and work on strategies so they can perform their best at tryouts and throughout their high school season. Clinics are taught by 2 Certified PTR Pros who are also veteran high school coaches.

Clinic Levels: Freshman/Sophomore & Junior/Senior
Limit of 4 players of each level per clinic.

Space is limited—sign up today!

[Register Here](#)

Fee Per Clinic: WSC Tennis Member: \$23; WSC Health Club Member: \$25; WSC Guest: \$28

THE SPA

GET BIG SAVINGS ON THE SPA'S STAFF

The Spa Soo

February Favorites

20% OFF

THE SPA'S TOP RATED PRODUCTS:

- Eminence Camellia Glow Solid Face Oil
- Eminence Eight Greens Whip Moisturizer
- Grandle Lash-MD Serum
- HydroPeptide Face Lift Moisturizer
- HydroPeptide Hydroactive Cleanse Facial Cloths
- Vital Body Sport Balm



Love The Skin You Are In!

\$99 Specialty Facials with Karen during February

Must be booked and used in the month of February 2024.



Book Today!

PILATES

For limited time, get

25% OFF



REACH

flexibility | strength | balance

10-Packs!

[Purchase Here](#)

Pilates is for women and men of all age groups, body types, and abilities.

Through use of the reformer and specialized equipment, our skilled instructors will provide you with a high intensity total Mind/Body experience.

Limit two 10-Packs per member. Must purchase by February 29th, 2024.

The Benefits of REACH

flexibility | strength | balance



- Muscle strength without excess bulk
- Improved total body awareness
- Improved flexibility
- Lengthen and strengthen
- Improved alignment
- Improved efficiency of movement and mobility
- Stress relief, and more

Take a class today!

[Register Here](#)



New Addition to the REACH Schedule!



REACH

flexibility | strength | balance

Thursdays at 6:45am

[Register Here](#)



precision STUDIO

Our Pilates Group Reformer classes run monthly.

It's not too late to sign up for your spot in our February session.

Contact Katie Martin if you are interested in joining!

[Email Katie Martin](#)

REACH
flexibility | strength | balance

MONDAY	9:30-10:25am REACH Jessica 5:00-5:55pm REACH Corie	THURSDAY	6:45-7:40am REACH PLUS Corie 10:00-10:55am REACH Jessica
TUESDAY	5:30-6:25am REACH PLUS Lisa D.	FRIDAY	6:00-6:55am REACH PLUS Corie 9:00-9:55am REACH PLUS Karen
WEDNESDAY	6:00-6:55am REACH PLUS Karen 10:30-11:25am REACH Karen 5:00-5:55pm REACH Karen	KEY	NEW INSTRUCTOR NEW TIME NEW CLASS NEW FORMAT

REACH 10-weeks available for \$110, or Drop-in for \$15. Please reserve spot online. Effective 1/15/23

Updated 1.23.24

precision
STUDIO

SMALL GROUP PILATES REFORMER CLASS SCHEDULE

MONDAY	Pilates Strong Flow Intermediate 8:00-8:55am Gail	THURSDAY	Pilates Intermediate 12:00-12:55pm Gail
TUESDAY	Pilates Beg/int 8:00-8:55am Gail	SATURDAY	Pilates All Levels 7:00-7:55am Corie
WEDNESDAY	Pilates Intermediate 9:15-10:10am Gail		

PILATES REFORMER
STRENGTHEN DEFINE ENERGIZE

Small Group Pilates Group Reformer Sessions run on a monthly basis.
Contact Karen Flynn at kflynns@wheatonsportcenter.com for more details.

CHILD CARE

WSC CHILD CARE
MONDAY, FEBRUARY 5
10:00AM

SPECIAL EVENT

WSC Child Care Will Be Celebrating:
HIGH 5 FOR 45 YEARS OF CHILD CARE

In honor of our club's 45th anniversary, WSC Children can wear their favorite sports jersey and enter a very special coloring contest.

For further information: contact WSC Child Care at (630) 315-5313 or go online to www.wheatonsportcenter.com

WSC CHILD CARE
WEDNESDAY, FEBRUARY 14
10:00AM

SPECIAL GUEST

WSC Child Care Welcomes:
SNOOKIE THE CLOWN

Celebrating Valentine's Day Theme Week with the WSC Kids!

For further information: contact WSC Child Care at (630) 315-5313 or go online to www.wheatonsportcenter.com

CUSD200 No School:
**PRESIDENT'S DAY
- FEBRUARY 19**

The Windy City Lounge will be open during Child Care hours on this day.



WSC CHILD CARE

**MONDAY, FEBRUARY 19TH
10:00AM**

**SPECIAL
GUEST**

WSC Child Care Welcomes:

**DR. KYLE SNYDER, DDS
FROM DENTAL PROFESSIONALS OF WHEATON**

Educating WSC Kids Club children during National Dental Health Month!



For further information: contact WSC Child Care at (630) 315-5313 or go online to www.wheatonsportcenter.com

WSC CHILD CARE

**Saturday, March 2
10:00am**

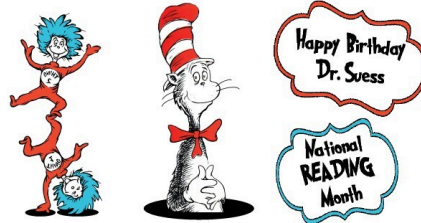
**SPECIAL
GUESTS**

WSC Child Care Welcomes:

THE CAT IN THE HAT & THING 1 & THING 2

WSC Child Care will be promoting National Reading Month and celebrating "Dr. Seuss' Birthday" with special guest appearances by The Cat in The Hat and Thing 1 & Thing 2!

- 10:00am-10:30am - in Main Room with children ages 2yrs. & 3yrs. old
- 10:30am-11:00am - in Kids Club with children ages 4yrs - 7yrs. old



For further information: contact WSC Child Care at (630) 315-5313 or go online to www.wheatonsportcenter.com

SOLE UNIQUE

Introducing the new branch of Sole Unique Dance Company beginning in the winter of 2024:

HIGH SCHOOL DANCE

Dancers currently maintaining membership of their respective high school dance team and are transitioning to the off-season are eligible to audition for us on:
SUNDAY, FEBRUARY 11 AT 12PM-2PM in our AURORA Studio.

This division offers an opportunity for High School Dance Team members from a variety of local schools to extend their performance season while also expanding their dance education. This opportunity is open to dancers from all local high schools and has no school affiliation.

For more details and online try out registration, visit us online.

[Details Here](#)



**TERM 4 IS
HERE!**

**February 12th to
April 8th**

[View Our Calendar](#)

**Recital costumes have
been ordered and will be
distributed in your
dancers class as they
arrive.**

*Do you know what shoes and tights
your dancer needs for the June recital?
Check our website for more details.*

[Details Here](#)

C connect → community

C2 PROGRAM

[Learn More About Our
C2 Partnership Program](#)

**Host Your Next
Corporate Event at
Wheaton Sport Center!**

- Pickleball Classes
- Ascend Cycle Classes
- Box 'N Burn Classes
- ZONE360 Classes
- The Studio Yoga Classes
- And More!

[Learn More](#)

Fees may apply.



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