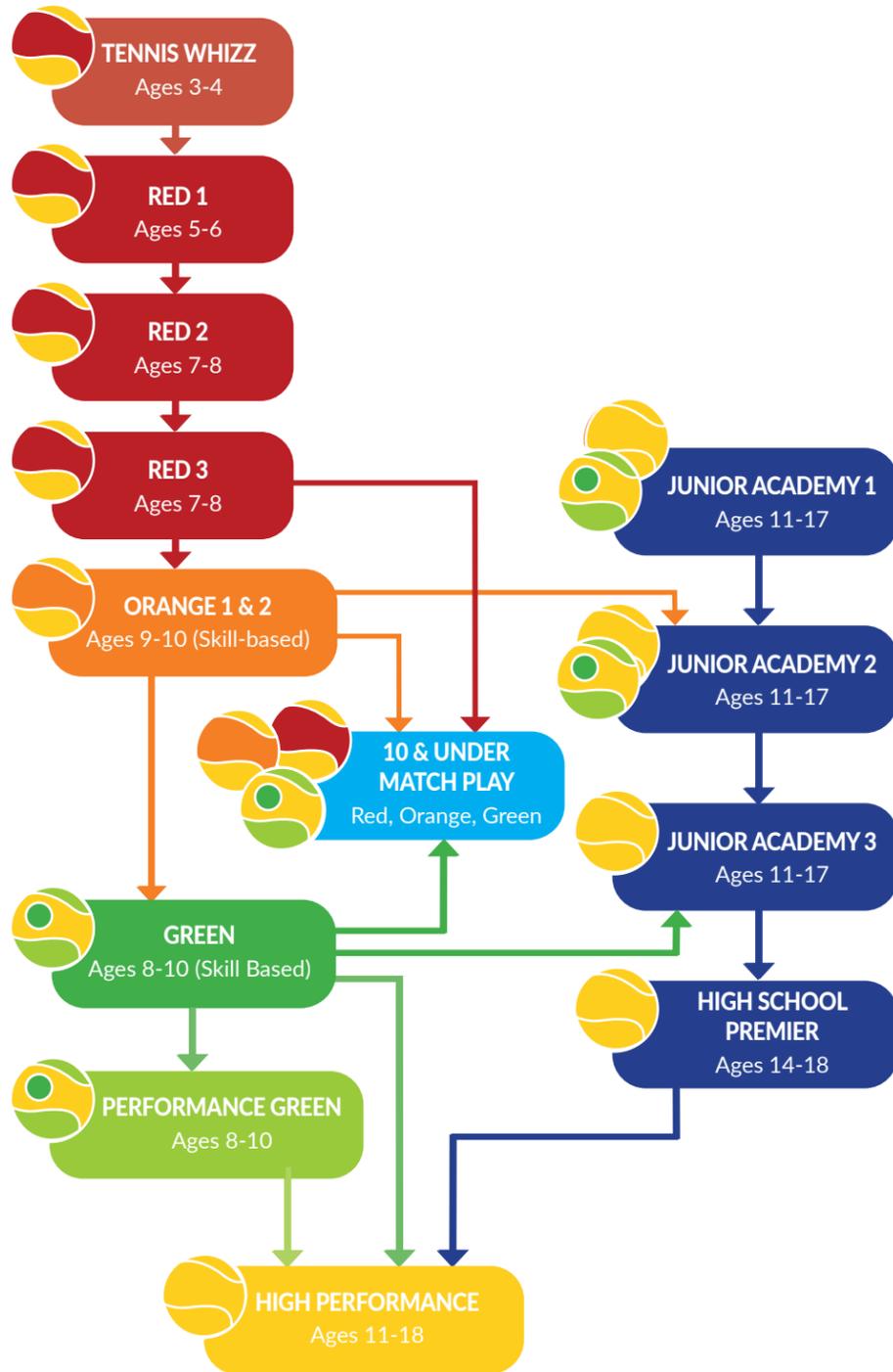


JUNIOR TENNIS ROADMAP

This roadmap shows the progression of the tennis player through recreational and competitive tennis, from age 3 through high school. Players advance along the road that best meets their individual developmental needs & goals.



Wheaton Sport Center has achieved PTR Proud Facility Status from the Professional Tennis Registry, which is awarded for upholding Professional tennis standards.

PRIVATE LESSONS

TENNIS MEMBER RATES

Teaching Pro	1 student 1/2 hour	1 student 1 hour	2 students 1 hour	3 students 1 hour	4 students 1 hour	5 students 1 hour
Mark Exner	\$36.00	\$66.00	\$37.00 each	\$34.00 each	\$31.00 each	\$29.00 each
Aaron Gale	\$36.00	\$66.00	\$37.00 each	\$34.00 each	\$31.00 each	\$29.00 each
Josh Luetkehans	\$29.00	\$55.00	\$31.00 each	\$28.00 each	\$26.00 each	\$24.00 each
Alex Haizel	\$29.00	\$55.00	\$31.00 each	\$28.00 each	\$26.00 each	\$24.00 each
Anne Mache	\$36.00	\$66.00	\$37.00 each	\$34.00 each	\$31.00 each	\$29.00 each
Leandro Martins	\$47.50	\$85.00	\$48.50 each	\$44.50 each	\$41.50 each	\$38.50 each
Federico Mas	\$47.50	\$85.00	\$48.50 each	\$44.50 each	\$41.50 each	\$38.50 each
Hillary Nelson	\$36.00	\$66.00	\$37.00 each	\$34.00 each	\$31.00 each	\$29.00 each
Jane Oviatt	\$27.00	\$51.00	\$29.00 each	\$26.00 each	\$24.00 each	\$22.00 each
Karl Peterson	\$45.00	\$80.00	\$46.00 each	\$42.00 each	\$39.00 each	\$36.00 each
Idris Smith	\$40.00	\$73.00	\$41.00 each	\$37.00 each	\$34.00 each	\$31.00 each
Jenny Woyahn	\$40.00	\$73.00	\$41.00 each	\$37.00 each	\$34.00 each	\$31.00 each

HEALTH CLUB MEMBER RATES

Teaching Pro	1 student 1/2 hour	1 student 1 hour	2 students 1 hour	3 students 1 hour	4 students 1 hour	5 students 1 hour
Mark Exner	\$40.00	\$73.00	\$41.00 each	\$38.00 each	\$36.00 each	\$34.00 each
Aaron Gale	\$40.00	\$73.00	\$41.00 each	\$38.00 each	\$36.00 each	\$34.00 each
Josh Luetkehans	\$33.00	\$62.00	\$35.00 each	\$32.00 each	\$30.00 each	\$28.00 each
Alex Haizel	\$33.00	\$62.00	\$35.00 each	\$32.00 each	\$30.00 each	\$28.00 each
Anne Mache	\$40.00	\$73.00	\$41.00 each	\$38.00 each	\$36.00 each	\$34.00 each
Leandro Martins	\$50.50	\$92.00	\$51.50 each	\$47.50 each	\$44.50 each	\$42.00 each
Federico Mas	\$50.50	\$92.00	\$51.50 each	\$47.50 each	\$44.50 each	\$42.00 each
Hillary Nelson	\$40.00	\$73.00	\$41.00 each	\$38.00 each	\$36.00 each	\$34.00 each
Jane Oviatt	\$31.00	\$58.00	\$33.00 each	\$30.00 each	\$28.00 each	\$26.00 each
Karl Peterson	\$48.00	\$87.00	\$49.00 each	\$45.00 each	\$42.00 each	\$39.00 each
Idris Smith	\$44.00	\$80.00	\$45.00 each	\$41.00 each	\$38.00 each	\$35.00 each
Jenny Woyahn	\$44.00	\$80.00	\$45.00 each	\$41.00 each	\$38.00 each	\$35.00 each

GUEST RATES

Teaching Pro	1 student 1/2 hour	1 student 1 hour	2 students 1 hour	3 students 1 hour	4 students 1 hour	5 students 1 hour
Mark Exner	\$44.00	\$81.00	\$45.00 each	\$42.00 each	\$40.00 each	\$38.00 each
Aaron Gale	\$44.00	\$81.00	\$45.00 each	\$42.00 each	\$40.00 each	\$38.00 each
Josh Luetkehans	\$37.00	\$70.00	\$39.00 each	\$36.00 each	\$34.00 each	\$32.00 each
Alex Haizel	\$37.00	\$70.00	\$39.00 each	\$36.00 each	\$34.00 each	\$32.00 each
Anne Mache	\$44.00	\$81.00	\$45.00 each	\$42.00 each	\$40.00 each	\$38.00 each
Leandro Martins	\$54.50	\$98.50	\$55.00 each	\$51.00 each	\$48.00 each	\$45.00 each
Federico Mas	\$54.50	\$98.50	\$55.00 each	\$51.00 each	\$48.00 each	\$45.00 each
Hillary Nelson	\$44.00	\$81.00	\$45.00 each	\$42.00 each	\$40.00 each	\$38.00 each
Jane Oviatt	\$35.00	\$66.00	\$37.00 each	\$34.00 each	\$32.00 each	\$30.00 each
Karl Peterson	\$52.00	\$94.00	\$53.00 each	\$49.00 each	\$46.00 each	\$43.00 each
Idris Smith	\$48.00	\$88.00	\$49.00 each	\$43.00 each	\$41.00 each	\$37.00 each
Jenny Woyahn	\$48.00	\$88.00	\$49.00 each	\$43.00 each	\$41.00 each	\$37.00 each

JUNIOR TENNIS

AGES 11 & OVER



WINTER 2021
JANUARY 18 - MARCH 28
 10-WEEK SESSION

JUNIOR ACADEMY
HIGH SCHOOL PREMIER
HIGH PERFORMANCE

Tennis Manager: Lori Mills | lmills@wheatonsportcenter.com
Head Tennis Pro: Leandro Martins | lmartins@wheatonsportcenter.com
Director of Tennis Development: Federico Mas | lfmas@wheatonsportcenter.com
Jr. Tennis Director: Jenny Woyahn | jwoyahn@wheatonsportcenter.com
High Performance Director: Idris Smith | ismith@wheatonsportcenter.com



630-690-0887 | www.wheatonsportcenter.com

JUNIOR ACADEMY & HIGH SCHOOL PREMIER

Jr. Tennis Director: Jenny Woyahn | jwoyahn@wheatonsportcenter.com

JUNIOR ACADEMY & HIGH SCHOOL PREMIER programs help players reach their tennis goals of becoming recreational, competitive high school, or high performance players.

JR ACADEMY 1 AGES 11-17

Participants learn groundstrokes, volleys, the serve and game situations, as well as develop hand-eye coordination, balance, agility and footwork movement patterns. Class will use green ball for skill development with an introduction to yellow ball.

DAY	TIME
TUE	6:00pm - 7:00pm
SAT	10:30am - 11:30am

JR ACADEMY 2 AGES 11-17

Players will build upon skills developed in Junior Academy 1. Students will learn to hit groundstrokes and volleys with direction as well as be introduced to flat and spin serves. They will also learn decision-making in game situations. Green ball will be used for skill development although players will transition to yellow ball for all strokes.

DAY	TIME
MON	5:00pm - 6:30pm
WED	5:00pm - 6:30pm
SAT	10:30am - 12:00pm

JR ACADEMY 3 AGES 11-17

Students continue skill progression, plus game styles will be introduced. Skill development will include hitting groundstrokes with direction and varying height, speed and distance, and building consistency of groundstrokes, volleys, overheads and serves.

DAY	TIME
TUE	4:00pm - 6:00pm
THU	4:00pm - 6:00pm
SAT	12:00pm - 2:00pm

WINTER 2021 SESSION

JANUARY 18 - MARCH 28



HS PREMIER* AGES 14-17

High School players will train for competitive play. Program focuses on basic concepts of offense, defense, and point play. A

**Participation is by invitation/placement of Head Pro, Leandro Martins, only.*

DAY	TIME
TUE	7:00pm - 9:00pm
THURS	8:00pm - 10:00pm
SAT	12:00pm - 2:00pm

ETCHEBERRY TENNIS-SPECIFIC PERFORMANCE TRAINING

The Etcheberry method is a unique fitness, strength and conditioning class designed for serious tennis players. The stronger and better conditioned a player is, the higher the performance potential and the likeliness of injury is decreased.

In this class, athletes strengthen & increase speed by using tennis-related movements using medicine balls, strength bands, "Etche Swing," tennis racquets, and more.

For class times, contact Leandro Martins, Etcheberry-Certified Trainer:
lmartins@wheatonsportcenter.com

JUNIOR MATCH PLAY

Wheaton Sport Center Junior Players will have the opportunity to compete under a Pro's supervision in ongoing match play events, both in-house and against other clubs.

Details will be provided to Junior participants at the start of the program.



HIGH PERFORMANCE (INVITATION ONLY)

High Performance Director: Idris Smith | ismith@wheatonsportcenter.com

HIGH PERFORMANCE, our highest-intensity program, is designed for juniors who compete in tournaments, wish to play tennis at the most competitive level, and have a year-round commitment. Players are divided by skill level for each class to ensure continued development and challenge. Universal Tennis Ratings are used when placing players. In most cases, those with a UTR of 4/5 will be considered for High Performance Excel, 6 for Elite and 7 & above for Select.

HIGH PERFORMANCE PARTICIPATION REQUIREMENTS

- Pre-approval of High Performance Director, Idris Smith, required for entrance into program
- Must be a USTA member
- Must participate in Jr. Team Tennis or in-house match play (based on class level)
- Year-round commitment level
- 2 days/wk group class September through June
- Summer Camp 15-day pass (HP Green, HP Excel, & HP Ignite) or 20-day pass (HP Elite/Select)
- Weekly private lesson highly recommended

PERFORMANCE GREEN AGES 8-10

Players who have completed the WSC 10 & Under Green class requirements are eligible for this advanced green ball program that prepares players to enter High Performance. Please see the WSC 10 & Under Program Brochure for details.

HP IGNITE AGES 11-18

(UTR 4/5 ABOVE)

This program is for players transitioning from green to yellow balls and for yellow ball players new to high performance training. *Players MUST compete in Jr. Tennis, In-House Match Play, and USTA Level 4 Tournaments.*

DAY	TIME
TUE	4:00pm - 6:00pm
THU	4:00pm - 6:00pm

HP EXCEL AGES 11-18

Players will continue tactical and technical development to increase success in competitive tournament play. *Players compete in in-house Match Play, USTA Level 4, UTR 3.0 and Above Tournaments.*

DAY	TIME
MON	4:00pm - 6:00pm
WED	4:00pm - 6:00pm



HP ELITE* AGES 11-18

(UTR 6 + ABOVE)

This level is for the competitive player who aspires to be a USTA ranked junior. They have been highly successful in local tournament circuits and are competing regularly at USTA level 4. The focus is on detailed strategy, drills and competitive point/match play. The goal of the players and pros is to gradually facilitate development to the HP Select level. *Players MUST regularly compete in USTA & UTR Tournaments.*

**Participation is by HP Director placement only.*

DAY	TIME
TUE	6:00pm - 8:00pm
THU	6:00pm - 8:00pm

HP SELECT* AGES 11-18

(UTR 7 + ABOVE)

This program is for the highly competitive player who plays multiple times per week and competes at both the USTA Midwest and National level. Many of these players have won USTA tournaments and have had high success at the IHSA state tournament. The concentration is on continued development through drills, intense point play and match play. WSC pros regularly participate in point and match play to ensure constant challenge for the players. *Players must compete in one USTA and UTR Tournament per month.*

**Participation is by HP Director placement or tryout only.*

DAY	TIME
MON	6:00pm-8:00pm
WED	6:00pm-8:00pm

JUNIOR TENNIS FEES & POLICIES

JUNIOR TENNIS GROUP LESSON FEES

LEVEL	# DAYS/WEEK	SESSION FEES		
		TENNIS MEMBER	HEALTH CLUB MEMBER	GUEST
Jr. Academy 1	1 day/week	\$220	\$240	\$260
	2 days/week	\$360	\$400	\$440
Jr. Academy 2	1 day/week	\$330	\$360	\$390
	2 days/week	\$540	\$600	\$660
	3 days/week	\$730	\$820	\$910
Jr. Academy 3 HS Premier	1 day/week	\$440	\$480	\$520
	2 days/week	\$720	\$800	\$880
	3 days/week	\$950	\$1,070	\$1,190
High Performance	2 days/week	\$730	\$810	\$890
HP Advanced Training*	1 day/week	\$450	\$490	\$520

**Placement based on skill level*

GROUP LESSON MAKE-UP & REFUND POLICIES

Students are responsible for attending lessons for which they have registered. A maximum of 3 missed lessons may be made up per session, with prior approval of the instructor. Student must email the instructor 24 hours prior to the missed lesson. Lessons must be made up during the current session and are NOT guaranteed. Approval for make-up lesson is based on class space availability. Refunds are honored for any reason if notification is given 72 hours prior to the first lesson. After a session has started, refunds are only given for illness or injury with a doctor's note. A \$10 fee per registrant will be charged for all refunds.



HIGH PERFORMANCE ADVANCED TRAINING* AGES 11-18

Players who display exceptional commitment and work ethic will be selected to participate in this additional training class, which will help accelerate their development.

DAY	TIME
SUN	3:30pm - 6:00pm

**Class number is limited and participation is by invitation of High Performance Director, Idris Smith, only.*

SAFE PRACTICES WSC Healthy Environment Protocol Reminders

- 1) Players should arrive no more than 10 minutes prior to class start time.
- 2) Masks are required in all areas of the facility except on the tennis court.
- 3) Players should sanitize hands prior to entering the court (hand sanitizing station is provided).
- 5) Court activities are organized to create a fun learning environment while maintaining social distancing guidelines.
- 6) Only registered participants will be allowed on the tennis court.

